

University of Massachusetts Dartmouth
College of Nursing

Fall 2005

Course Number:	NUR 520
Course:	Health Care Systems, Regulation, and Quality Assurance
Credit / Course Hours:	3 credits / 3 lecture hours
Placement In Curriculum:	Core requirement for MS programs
Prerequisites:	Graduate student standing or permission of the instructor
Faculty:	Gail E. Russell, EdD, RN, CNAA Associate Professor Office: Dion 201D Phone: 508-999-8251 Home: 508-583-7531 Email: grussell@umassd.edu Office hours: Thursday 2-3:30, or by appointment

Course Description:

This course examines the nature of the US health care system in relation to government and private sector involvement through comparative analysis. The focus is on the development, financing, and regulation of the health care system. Selected mechanisms such as policy formation, cost effectiveness, accreditation, and quality assurance programs are examined.

Objectives:

Upon completion of this course, students have:

1. Examined the relevance of health care delivery systems to universal health care needs and the needs of specific populations.
2. Analyzed trends in US health care delivery systems and health care workforce development through comparison with other health care systems.
3. Investigated the historical, socioeconomic, and political influences on the development of voluntary and governmental regulatory policies in health care.
4. Analyzed selected health care regulatory programs

5. Related health care regulatory practices to the implementation of quality assurance programs.
6. Examined the dilemma of insuring low cost / high quality health care.

Teaching Strategies:

Discussion, lecture, reading, use of Internet and other media, field observation, and verbal and written analysis.

Evaluation Methods

1.	Time Line	20 points
2.	Class Participation	
	Prepared & participated	10
	On-line assignment	5
3.	Student Led Discussion	
	Annotated Bib	10
	Essay Q & A	10
	Lead Discussion	10
4.	Final Paper	
	First Draft	5
	Review of 2 papers	10
	Paper	20
	TOTAL	100 points

1. **Time Line:**

Students may work independently or collaborate with up to 2 other students who have similar interests to create a time line that links the major historical, social, technological, economic, and demographic trends to the organization of and the changes in the health care delivery system or one of its subsystems over the past 100 years. Students should create a time line around care delivery in their area of clinical practice; for instance hospital, primary care, women's health, home care, public health, etc. This assignment will be graded on thoroughness, accuracy and visual clarity and appeal. **DUE 9-29-05** (20 points)

2. **Class Participation:**

Students are expected to attend class, be prepared to discuss the topic of the day, participate in discussion demonstrating knowledge of the readings and critical analysis of health care delivery systems issues, and to be on time for classes and assignments (10 points).

Online Assignment. DUE 11-10-05. (5 points)

There are many websites that discuss issues related to health care delivery. Please find several websites that are relevant to your area of practice.

3. **Student-led discussion** on one of the following topics:

- Health care providers: the projected need for hospitals, physicians, nurses, etc. and the response of the education, service and government sectors.
 - Compare and contrast the health care delivery systems of Canada, England, and the United States. Relate to meeting the health care needs of a particular population groups; for instance families, the elderly, disabled persons, etc.
 - Impact of service delivery models on the health of diverse populations: for example families, the elderly, disabled persons, etc.
- a) The class will be divided into 3 working groups. Each group will select one topic and will be responsible for class preparation and leading the discussion.
- b) The groups will prepare a fully annotated bibliography of related readings in the topical area for distribution to other students. An annotated bibliography consists of peer-reviewed articles, cited in APA format, with a 2-3 sentence synopsis of the key findings in the article. **DUE 11-10-05 by e-mail to grussell@umassd.edu** who will in turn distribute it to the rest of the class (10 points) .
- c) The group will prepare an essay question and answer that covers the key content of your presentation and is at the level and complexity a master's student would be expected to answer. Provide the ideal answer. **DUE 11-10-05 by e-mail to grussell@umassd.edu** who will distribute it to the rest of the class (10 points).
- d) The group will lead class discussion. **DUE 11-17-05, 12-01-05 or 12-08-05** (10 points). The evaluation of this presentation will be based on the quality of the content and the presentation. Encourage class participation. Please use PowerPoint slides and distribute handouts as appropriate.

4. **Final Paper:**

Analyze a specific health care delivery organization or system. The system selected for analysis should be related to the student's clinical practice area. The paper should consider the historical development of the organization/system, as well as, the technological advances and social, economic, and political climate that affected its development and ability to function. The paper should analyze the impact of the organization/system on the health of the target population. Also the paper should critically evaluate the organization/system in relation to the ability of other countries to address the health needs of a similar population. Use

The publication manual of the American Psychological Association, 5th Ed. for format of the paper.

- a) Meet with the instructor to discuss this paper and receive approval for the topic prior to **10-6-05**.
- b) **FIRST DRAFT DUE 11-3-05**. At a minimum this draft must contain a clear statement of purpose, a well-developed content outline and a bibliography. Prepare one copy for the instructor and 2 copies for peer reviewers in the class (5 points).
- c) Two student peers will review each first draft for content, organization and format. A format for review will be distributed. Prepare copies for both the student and the instructor. **DUE 11-10-05** via e-mail to grussell@umassd.edu (5 points).
- c) **FINAL PAPER DUE 12-15-04 (20 points)**.

Readings:

Required text:

Shi, L. & Singh, D. (2004). *Delivering health care in America: A systems approach*. Boston: Jones and Bartlett.

Other suggested readings:

Marmor, T. (2000). *The politics of Medicare, 2nd Ed.* New York: Aldine De Gruyter

Reverby, S. (1987). *Ordered to care. The dilemma of American nursing, 19850-1945*. New York: Cambridge University Press.

Starr, P. (1982). *Social transformation of American medicine*. New York: Basic Books.

Topical Outline and Discussion Questions:

Date	Class	Topic/ Questions/ Reading Assignments Topic / Discussion
09-08-05	1	Course overview UNIT 1. Health Services Delivery Models A systems approach <i>Assigned Readings</i> <i>Shi and Singh, Chapters 1, 12, 14</i> <i>Web CT readings in Delivery Models</i> Marmor, Introductions, Chapters 1, 5
09-15-05	2	UNIT 2. Values and beliefs influencing health service delivery in the U.S.

		<p>Assigned Readings: <i>Shi & Singh, Chapter 2</i></p>
09-22-05	3	<p>UNIT 3. Historical development of U.S. health service delivery system.</p> <p>Impact of the major historical events of the last century. Influence of social, political, technological, and economic forces, Analyze examples - hospitals, home care, long-term care, etc.</p> <p>Assigned Reading: Shi & Singh, Chapters, 3, 5</p>
09-29-05	4	<p>TIME LINES DUE STUDENT PRESENTATIONS OF TIME LINE</p>
10-06-05	5	<p>Historical development (cont). SELECT TOPIC FOR FINAL PAPER</p>
10-13-05	6	<p>UNIT 4. Changing models of health service delivery. Social, economic, technologic, political influences. Fee for Service/ Managed Care/ HMO. Hospital/Home Care/Long-term Care. Consumerism. Rural-urban.</p> <p>Assigned Reading: <i>Shi & Singh, Chapters 6, 9</i> <i>Web CT Readings</i> AHA. (2004). Economic Contribution of Hospitals ASPE. (2005). Long Term Growth of medical Expenditures</p>
10-20-05	7	<p>Changing models of health service delivery (cont).</p> <p>The problem of the uninsured Role of insurance on the design and delivery Medicare/ Medicaid/ Insurance coverage</p> <p>Assigned Reading: <i>Shi & Singh, Chapter 6, 7, 8</i> <i>Web CT readings</i> Poverty Guidelines, Research, and Measurement</p>
10-27-05	8	<p>Changing models of health service delivery (cont).</p> <p>Incremental reforms at federal and state levels Government vs. Voluntary, Private Regulation vs. market</p> <p>Assigned readings: <i>Shi & Singh, Chapter 5, 6, 12</i> <i>Web CT readings</i></p>

		Reform (10)
11-03-05	9	<p>Changing models of health service delivery (cont). Comprehensive reform Future of the US Health Care System</p> <p><i>Assigned Reading</i> <i>Shi & Singh Chapter 6, 13, 14</i></p> <p>FIRST DRAFT OF FINAL PAPER DUE</p>
11-10-05	10	<p>ON-LINE ASSIGNMENT DUE via e-mail REVIEWS OF FIRST DRAFTS OF FINAL PAPER DUE via e-mail</p>
11-17-05	11	<p>UNIT 5. Health Care Providers</p> <p>STUDENT PRESENTATION</p> <p>ANNOTATED BIB FOR STUDENT LED DISCUSSION DUE O & A FOR STUDENT LED DISCUSSION DUE</p> <p><i>Assigned Readings</i> <i>Shi & Singh Chapter 4</i> <i>Web CT readings</i> Health Care Providers</p>
11-24-05		No Class Holiday
12-01-05	12	<p>UNIT 6. Comparing national health care systems A framework for analyzing health policy. Universal entitlement and the public good.</p> <p>STUDENT PRESENTATION</p> <p><i>Assigned Readings</i> <i>Shi & Singh, pages 22-28</i></p>
12-08-05	13	<p>UNIT 7. Analysis of the impact of service delivery models on selected diverse populations (children, the elderly, families of color, the disabled and others).</p> <p>STUDENT PRESENTATION</p> <p><i>Assigned Reading:</i> <i>Shi & Singh, Chapters 10, 11.</i></p>
12-15-05	14	<p>Course Wrap –Up</p> <p>FINAL PAPER DUE COURSE EVALUATION</p>

Notices

- Faculty will give a failing grade to a plagiarized paper.
- **Code of Ethical Standards as cited in UMD's General Catalogue:**

All UMass Dartmouth students are expected to maintain high standards of academic integrity and scholarly practice. The University does not tolerate academic dishonesty of any variety, whether as a result of a failure to understand proper academic and scholarly procedure or as an act of intentional dishonesty.

A student found guilty of academic dishonesty is subject to severe disciplinary action which may include expulsion from the University. Refer to the Student Handbook and Student Judicial Code for due process.

Academic dishonesty is defined as attempting to obtain academic credit for work that is not one's own. Examples include: (1) copying another student's answers on an examination; (2) obtaining, or attempting to obtain, the answers to an examination in advance; (3) submitting a paper that was written by someone else; (4) submitting a paper that includes phrases, sentences and paragraphs that were copied verbatim, or almost verbatim, from a work written by someone else, without making this clear without indicating that these words were someone else's through the use of quotation marks or other appropriate citation conventions; (5) collaborating on a homework assignment when this has been expressly forbidden by the professor; (6) using unauthorized materials in completing assignments or examinations; (7) submitting the same paper for more than one class, without the express permission of the instructor involved. This list of examples should not be considered exhaustive.

Penalties for academic dishonesty will be consistent with the University policy which may include dismissal from the University.

- **Internet:**

This course encourages students to access and use the internet. Internet resources may not be peer reviewed and have varying degrees of accuracy and reliability. The article below provides good advice about evaluating internet health resources. The same advice can be used for policy web sites.

Scholman, B. (Jan. 28, 1999). Whom do you trust? Evaluation internet health resources. Online Journal of Issues in Nursing. This article can be accessed at www.nursingworld.org/ojin/infocol/info_1.htm

- Faculty will fail a paper with major grammatical or format errors which does not reflect graduate level writing competence. Please see the CON website -

<http://www.umassd.edu/nursing/writing/welcome.cfm> – for access to writing guidance and especially for on-line access to help with APA, 5th edition format.

Other References:

Health Services Delivery Models

- Iglehart, JK. (1999). The American health care system: Expenditures. *New England Journal of Medicine*, 340(1), 70-76.
- Kuttner, R. (1999). The American health care system: Wall Street and health care. *New England Journal of Medicine*, 340(8), 664-668.
- Marmor, Introductions, Chapters 1, 5

Values and Beliefs

- _____. (1998). Socioeconomic factors. *American Journal of Public Health*, 88(9). The entire issue is devoted to socioeconomic factors.
- Flynn, B. (1995). Healthy cities: Building partnerships for healthy public policy. *Nursing Policy Forum*, 1(6), 6-15.
- Massey, D. & Denton, N. (1993). *American apartheid: Segregation and the making of the under class*. Cambridge, MA: Harvard University Press. Chapter 1. The missing link, 1-16
- Mechanic, D. (1977). *Medical Sociology*, 2nd Ed. New York: The Free Press. Chapter 1. Health, disease and deviant behavior, 25-52.
- Waitzkin, H. (1981). The social origins of illness: a neglected history. *Journal of Health Politics, Policy and Law*, 11(1), 77-103
- Waitzkin, H, Iriart, c., Estyrada, A., & Lamadrid, S. (2001). Social medicine then and now: Lessons from Latin America. *American Journal of Public Health*, 91(10), 1592-1601.

Historical development of U.S. health service delivery system.

- Berkowitz, E. (1991). *America's welfare state: From Roosevelt to Regan*. Baltimore: Johns Hopkins University Press.
- Cayton, Gorn, & Williams (Eds.). (1993). *Encyclopedia of American social history* (vols.1-3). New York: Charles Scribner and Sons.
- Duffy, J. (1993). *From humors to medical science: A history of American medicine*. Urbana IL: University of Illinois Press
- Grossman, J. (2000). *An economic history of health care in Massachusetts 1990-2000*. Boston: Pioneer Institute for Public Policy. This article can be accessed on the web at www.pioneerinstitute.org
- Grunwald, L. & Adler, S. (Eds.).(1999). *America 1900-1999: Letters of the century*. New York: The Dial Press.
- King, L. (1991). *Transformations in American medicine: From Benjamin Rush to William Osler*. Baltimore: The Johns Hopkins University Press.
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Changing models of health service delivery.

- Aaron, H. (2003). Should public policy seek to control the growth of health care spending? *Health Affairs*, (January 8). Available at www.healthaffairs.org/WebExclusives/Spending_Web_Excl_010803.htm
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- Altman, S., Thompkins, C., Eliat, E., & Glavin, M. (2003). Escalating health care spending: Is it desirable or inevitable? *Health Affairs*, (January 8). Available at www.healthaffairs.org/WebExclusives/Spending_Web_Excl_010803.htm
- Andrulis, D. (2000). Community, service, and policy strategies to improve health access in the changing urban environment. *American Journal of Public Health*, 90(6), 858-862.
- _____. (2003). Health reform. *American Journal of Public Health*, 93(January). The entire issue is devoted to health reform
- Brangan, N. Griffin, K., & McDougall, C. (2000). *Reforming the health care system: State health profiles 2000*. Washington DC: AARP Public Policy Institute.
- Brown, L. & Sparer, M. (2003). Poor programs progress: The unanticipated politics of Medicaid policy. *Health Affairs*, 22(1), 31-44
- Center for Studying Health System Change. *Community Report, Data Bulletin, Issue Brief: Findings from HSC, Tracking Report* and other reports and documents. Available at www.hschange.org
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- Geronimus, A. (2000). To mitigate, resist, or undo: Addressing structural influences on the health of urban populations. *American Journal of Public Health*, 90(6), 867-872.
- Gostin, L. (2000). Public health law in a new century. Part I: Law as a tool to advance community health. *Journal of the American Medical Association*, 283(21): 2837-2841.
- Gostin, L. (2000). Public health law in a new century. Part II: Public health powers and limits. *Journal of the American Medical Association*, 283(22): 2979-2984.
- Gostin, L. (2000). Public health law in a new century. Part III: Public health regulation: a systemic evaluation. *Journal of the American Medical Association*, 283(23): 3118-3122.
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- Iglehart, JK. (1999). The American health care system: Medicaid. *New England Journal of Medicine*, 340(5), 403-408.
- Iglehart, JK. (1999). The American health care system: Medicare. *New England Journal of Medicine*, 340(4), 327-332.
- Kuttner, R. (1999). The American health care system: Employer-sponsored health coverage. *New England Journal of Medicine*, 340(3), 248-252.
- Kuttner, R. (1999). The American health care system: Health insurance coverage. *New England Journal of Medicine*, 340(2), 163-168.

- Leviton, L., Snell, E. & McGinnis, M. (2000). Urban issues in health promotion strategies. *American Journal of Public Health, 90*(6), 863-866.
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Health Care Providers

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- American Association of Colleges of Nursing, The American Nurses Association, The American Organization of Nurse Executives, The National League for Nursing. Strategies to reverse the new nursing shortage, a policy statement. Retrieved November 15, 2004 from <http://www.aacn.nche.edu/Publications/positions/tricshortage.htm>
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International Delivery Models

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Special Populations

Fox, D. (1999). Comment: Epidemiology and the new political economy of medicine. *American Journal of Public Health*, 89(4), 493-496.

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Mor, V. (2005). Improving the quality of long-term care with better information.

Millbank Memorial Fund Quarterly, 83(3). Available at

<http://www.milbank.org/quarterly/8303feat.html>

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