

### Faculty and Fields of Interest

### Department of Psychology College of Arts and Sciences

**Boone, R Thomas** Assistant Professor of Psychology (2005), BS 1987 Massachusetts Institute of Technology, MA 1995, PhD 1996 Brandeis University. *Specializations:* Nonverbal communication, cooperation, trustworthiness, social development, and emotions.

**Cleveland, Michael J** Assistant Professor of Psychology (2004), BS 1991 Creighton University, PhD 2003 Iowa State University. *Specializations:* life-span developmental psychology, family and peer relations, health risk behaviors, and methodology and statistical analysis.

**Conboy, John K** Professor of Psychology (1986), BA 1970 University of Rhode Island, MEd 1974 University of Maine, MS 1976 Murray State University, PsyD 1982 Massachusetts School of Professional Psychology. *Specializations:* Child and family psychotherapy, psychological assessment, sports psychology, child neuropsychology.

**Corriveau, Donald P** Chancellor Professor of Psychology (1980), BA 1973 Providence College, MA 1975, PhD 1978 University of Rhode Island. *Specializations:* Behavioral medicine & clinical research.

**Donnelly, Paul A** (Graduate Program Director, Clinical/Behavioral Analysis Option) Professor of Psychology (1979), BA 1971 Providence College, MA 1974 Assumption College, EdD 1980 Boston University. *Specializations:* Counseling psychology adolescence and family therapy.

**Efenbein, Morton H** Professor of Psychology (1970), AB 1965, MA 1967, PhD 1970 Boston University. *Specializations:* Experiential learning, epistemology, organizational psychology.

**Gorin, Amy** Assistant Professor of Psychology (2003) BA 1994 College of the Holy Cross, PhD 2000 State University of New York at Stony Brook. *Specializations:* Health psychology, behavioral weight control treatment, environmental influences on behavior change and maintenance

**Haimson, Barry R** (Chairperson, Department of Psychology) Chancellor Professor of Psychology (1967), BA 1963 Brandeis University, AM 1965, PhD 1970 Boston University. *Specializations:* Perception, ERP correlates of information processing, hemispheric specialization.

**Hojjat, Mahzad** Assistant Professor of Psychology (2000), BA 1992 University of

Connecticut, MS 1994, MPhil 1995, PhD 1998 Yale University. *Specializations:* Social and cross-cultural psychology.

**Holt, William R** Professor of Psychology (1973), BA 1967 Williams College, MA 1972, PhD 1973 Brown University. *Specialization:* Child psychology and learning.

**Powers, Theodore** Assistant Professor of Psychology (1999), BA 1980 Columbia University, PhD 1985 McGill University. *Specializations:* Self-criticism and perfectionism, motivation and goal progress, brief therapies, group dynamics and group therapies.

**Riley, James B** Professor of Psychology (1973), BA 1964 Bowdoin College, MA 1971, PhD 1974 Boston College. *Specializations:* Behavior modification and community psychology.

**Sauro, Marie D** Assistant Professor of Psychology (2003), BS 1982 Union College, PhD 1989 University of South Florida College of Medicine, PhD 2002 Syracuse University. *Specializations:* Behavioral medicine as it pertains to women's cardiovascular health, minority health and stress.

**Shapiro, Amy M** Associate Professor of Psychology (1994), BA 1988, BS 1988 Tufts University, MSc 1991, PhD 1993 Brown University. *Specializations:* Memory, learning, educational hypertext design.

**Sims-Knight, Judith E** (Graduate Coordinator, General Psychology Option) Chancellor Professor of Psychology (1978), AB 1965 Brown University, MA 1967 Queens College, PhD 1971 University of Minnesota. *Specializations:* Cognitive development, adult reasoning, human-computer interaction, instructional psychology.

The Department of Psychology at the University of Massachusetts Dartmouth offers a graduate program leading to the degree of Master of Arts in Psychology. This graduate program has options in Clinical/Behavioral Analysis and General Psychology. Each program is presented separately below.

#### Financial Assistance

A limited number of graduate teaching and research assistantships are awarded to qualified students who have been accepted for admission. Graduate teaching assistants generally complete 10-20 hours of work per week as assigned by the Psychology Department Chairperson. In return, the students are compensated with a stipend and tuition remission. Application for graduate assistantships can be made at the time of application to the graduate program.

Other assistance, such as loans or work-study, may be available to you, Please refer to the chapter on "Expenses and Academic Assistance."

A special note for *Massachusetts State Employees*. This program is considered a day school program and thus state employees may be eligible to attend *tuition free* (under state contract). Please check with your personnel office.

## Option in Clinical/Behavioral Analysis

## Degree Requirements, Clinical/Behavioral Analysis Option (MA degree)

### Objectives of the Clinical/Behavioral Analysis Option

- 1 To provide students with specific and applied research and problem-solving skills;
- 2 To provide all clinical students with a broad exposure to a variety of therapy modalities;
- 3 To provide students with extensive experiential learning opportunities, practica, internships, and intensive supervision; and
- 4 To prepare students for licensure as Certified Mental Health counselors in the State of Massachusetts.

### Admission to the Clinical/Behavioral Analysis Option

Students are accepted into the program in the Fall only. The deadline for submission of materials for the Clinical/Behavioral Analysis option is March 31st.

Successful candidates have the following qualifications:

- Bachelor's degree in Psychology or a closely related field.
- A minimum undergraduate cumulative average of 2.75 on a 4.0 grading scale. Students not meeting this requirement but who otherwise give evidence of strong academic ability may be accepted.
- Completion of psychology statistics course.
- Some work experience related to the field of Psychology/Social Work.

Applicants must submit the required application materials to the Graduate Office. In addition, this Psychology option has specific admissions requirements:

- In addition to the regular application, candidates should complete the supplemental application form.
- Since this option has a clinical component, one of the three letters of recommendation should be submitted from a present or former agency supervisor capable of addressing your clinical potential.
- Graduate Record Examination scores, while not required, will be considered if submitted.
- Final candidates may be required to attend a personal interview with the Admissions Committee.

### Two Plans — 48 and 60 credits

The basic clinical program is a three-year, 48-credit program. Matriculated students will be expected to take two courses per semester for the three years. Licensure from the Massachusetts Board of Registration for Certified Mental Health Counselors requires the master's degree to comprise 60 credits.

#### The 48 credit plan

Academic Core	9 credits
Clinical Core	18 credits
Behavioral Specialty	15 credits
Thesis/Comprehensive Exam	6 credits

The following courses are required:

#### Part I - Academic Core

PSY 501	Physiology, Psychology, & Psychopharmacology	3
PSY 503	Advanced Psychopathology	3
PSY 505	Research Methods and Design	3

#### Part II - Clinical Core

PSY 511	Theories of Psychotherapy	3
PSY 512	Evaluation Techniques	3
PSY 589	Practicum	4
PSY 591	Internship I	4
PSY 592	Internship II	4

#### Part III - Behavioral Specialty

PSY 521	Behavior Modification & Behavior Therapy	3
PSY 522	Behavioral Family & Group Counseling	3
PSY 523	Behavioral Medicine	3
PSY 524	Adv. Behavior Modification & Behavior Therapy	3
PSY	Elective	3

#### Part IV - Thesis/Comprehensive Exam

<i>Choose between</i> (for 6 credits)		6
PSY 593	Clinical Methods I	
PSY 594	Professional Orientation and Ethical Practices	
<b>or</b>		
PSY 596	Graduate Thesis	

### Licensure Requirement—additional 12 credits

Students preparing for the Massachusetts license will complete 60 credits, including the following five courses and a modified selection from the 48-credit plan above:

PSY 510	Helping Relationships	3
PSY 515	Human Growth & Devel.	3
PSY 516	Social & Cult. Foundations	3

PSY 570	Advanced Group Processes	3
PSY 575	Lifestyle, School, & Career Development	3

Exact requirements are available from the department.

### Course Availability and Schedule

Since this is a clinical program, most of our students are presently employed in the field of psychology/social work. Therefore, all courses have start times in the middle to late afternoon to accommodate student schedules.

Course schedule by years of study:

	Fall	Spring
<b>First Year Students</b>	PSY 503 PSY 505	PSY 501 PSY 512 PSY 515
<b>Second Year Students</b>	PSY 521 PSY 522 PSY 570	PSY 511 PSY 524 PSY 589
<b>Third Year Students</b>	PSY 591 PSY 593 or PSY 596	PSY 523 PSY 592 or PSY 596

**Summers:** In alternating summers, one of the following, then two of the following, courses are offered: PSY 510, PSY 516, PSY 575.

### Research Competence

Each student must show proof of competence in research and its reporting. Students receiving the Master of Arts may choose to complete either a thesis or a comprehensive exam (written and oral).

Details concerning the thesis/comprehensive exam option may be found in the Psychology Department Graduate Student Handbook.

### Contact

Dr Paul Donnelly  
 Director, Graduate Program in Psychology  
 Department of Psychology  
 University of Massachusetts Dartmouth  
 285 Old Westport Road  
 North Dartmouth, MA 02747-2300  
 508-999-8334  
 pdonnelly@umassd.edu

### Psychology

## Option in General Psychology

The General Psychology option is designed to prepare students for doctoral work in psychology and related fields and for careers in research at the masters' level. The program combines coursework in basic areas of psychology with research skill objectives, such as critically analyzing research and conducting literature reviews. This coursework provides the basis for collaborative research with faculty members. The outstanding feature of this program is the opportunity for close interaction between faculty and students, both in the classroom and in the laboratory, because of the low student/faculty ratio.

### Admission to the General Psychology Option

Successful candidates will have a Bachelor of Arts degree or a Bachelor of Science degree, and an interest in research. It is not necessary to have an undergraduate degree in Psychology. Prospective applicants are invited to call to discuss their qualifications and interest (see list of contacts given later).

Applicants must submit the required application materials to the Graduate Office. In addition, this Psychology option has specific admissions requirements:

- All three letters of recommendation must be from individuals familiar with the applicant's academic or research experience.
- Applicants are expected to submit Graduate Record Examination scores, on both the general test and in Psychology. The Psychology subject examination requirement will be waived for applicants who did not major in Psychology.

There is no set application deadline for the General Psychology option.

## Degree Requirements, General Psychology Option (MA degree)

The General Psychology option is a two-year, 36-credit program. This program is typically full-time, but can accommodate students who wish to pursue the program part-time, or on other timetables.

*The following courses are required:*

		credits
PSY 505	Research Methods & Design	3
PSY 506	Advanced Research Design	3
PSY 513	Seminar: Topics*	3, 3, 3
PSY 517	Psychology of Close Relationships	3, 3
PSY 596	Graduate Thesis (variable up to 6 credits)	6

*Three additional courses\* will be selected from the following:*

PSY 515	Human Growth and Development	9
PSY 521	Behavior Modification and Behavior Therapy	
PSY 523	Behavioral Medicine	
PSY 595	Independent Study	

Up to 6 credits of approved 400-level courses. Examples are: PSY 490 Psychology and Culture; PSY 490 Evolutionary Psychology; PSY 490 Ethics in Psychoogical Research.

\*It is strongly recommended that at least one of these courses be PSY 595.

## Contacts

Dr Judith Sims-Knight  
Coordinator, General Psychology Option  
University of Massachusetts Dartmouth  
285 Old Westport Road  
North Dartmouth, MA 02747-2300  
508-999-8382  
jsimsknight@umassd.edu

The following faculty, listed at the beginning of this section, are active in the General Psychology option. Prospective students are encouraged to contact them about their research interests.

Dr R Thomas Boone  
508 999-8440  
tboone@umassd.edu

Dr John K Conboy  
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Dr Michael Cleveland  
508 999-8318  
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Dr Morton H Elfenbein  
508 999-8377

Dr Amy Gorin  
508 999-8346  
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Dr Barry R Haimson  
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Dr Mahzad Hojjat  
508 910-6611  
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Dr Ted Powers  
508 910-6906  
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Dr Marie Sauro  
508-999-8385  
msauro@umassd.edu

Dr Amy M Shapiro  
508 999-8377  
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Dr Judith E Sims-Knight (Coordinator, above)

## Combined BA-MA in Psychology

This fast-track program enables qualified UMass Dartmouth BA degree students in psychology to complete both the BA and the MA in Psychology, General Option, in 5 rather than 6 years.

### Eligibility

Students may apply to the combined program as entering freshmen or as undergraduates during their sophomore or junior years. Successful candidates will have an overall GPA of at least 3.25, B or better in PSY 205 and PSY 210, at least one recommendation from a research psychologist, and a well-written personal essay that reveals their potential for a research career. Application should be made to the Graduate Program Director for the General Option, who will make a recommendation to the department chairperson.

### Progression to MA Study

Students will take four graduate courses as senior year electives that will also apply toward the MA degree (12 credits). The department will provide a specific list of courses and how they fit within a recommended sequence. During the senior year, the student will file a Psychology General Option MS application in the Office of Graduate Studies.

### Tuition and Fees

Students pay tuition and fee rates as published by the university. Students selecting the BA-MA option will pay undergraduate rates until they reach the level of completion of the baccalaureate degree.

## Psychology Courses

**PSY 501** three credits

### Physiology, Psychology, and Psychopharmacology

Advanced study of the physiology of the nervous system and the workings of the brain. Included is a working understanding of psychopharmacology in present day use. Practical application, side effects, and uses of medication in the mental health field today are of specific concern.

**PSY 503** three credits

### Advanced Psychopathology

Theories of abnormal psychology, in an advanced study of the major forms of psychopathology. Students will be exposed to the Diagnostic and Statistical Manual of Mental Disorders (American Psychiatric Association). Case studies and therapeutic intervention strategies will be emphasized.

**PSY 505** three credits

### Research Methods and Design

Prerequisites: A statistics course and permission of instructor  
Integrates research design, data analysis, data interpretation, and APA format report writing across the two dominant paradigms in contemporary psychology. The course includes the use of the SPSS statistical software for univariate parametric and some non-parametric models. The course contains a strong experiential component to prepare students for thesis writing.

**PSY 506** three credits

### Advanced Research Design

Prerequisite: PSY 505 or permission of instructor  
In-depth study of statistics in psychological research. Major topics include regression and structural equation models.

**PSY 510** three credits

### Seminar in Helping Relationships

Prerequisites: Graduate status and permission of instructor  
Major approaches to supportive and therapeutic interventions employed by psychologists to help others. Core theoretical constructs and basic counseling techniques are emphasized. This course fulfills a portion of the Mental Health Counselors license requirement.

**PSY 511** three credits

### Theories of Psychotherapy

The major counseling theories explored in an academic and experiential format. Role playing and videotaping are used. Theories discussed include reality therapy, behavior therapy, rational emotive therapy, gestalt therapy, transactional analysis, client-centered therapy,

and the psychoanalytic model.

**PSY 512** three credits

### Evaluation Techniques

Traditional components of psychological testing, including test construction, test development, test administration and test interpretation, and specific training in frequently administered clinical tests (e.g., MMPI, WAIS and WISC). Beyond traditional test theory, students will be exposed to contemporary evaluation devices including behavioral assessment, interview data, and naturalistic observation.

**PSY 513** three credits

### Seminar: Topics

Pre- or corequisite: PSY 506  
In-depth seminar on selected topics in psychology. A few specific topics will be examined in depth—the historical roots, theories, and current research. Seminars typically focus on one research skill objective—either the critical analysis of research papers or writing literature reviews.

**PSY 515** three credits

### Human Growth and Development

Prerequisite: Psychology graduate status  
The nature of normative transitions across the life span. The course fosters an understanding of change from conception through death. Special emphasis is given to both cognitive and behavioral theories as well as supporting research. This course fulfills a portion of the Mental Health Counselors license requirement.

**PSY 516** three credits

### Social and Cultural Foundations

Prerequisite: Psychology graduate status  
Nature and dynamics of interpersonal group relations as they occur within a multicultural context. Students will study relations among diverse ethnic, racial, and cultural groups in the United States and globally. The course looks at cross-cultural relations from an interdisciplinary perspective, considering psychological, sociological, and historical factors; considers several relevant issues in counseling from a multicultural perspective, and studies specific cultural groups in the context of therapy issues. This course fulfills a portion of the Mental Health Counselors license requirement.

**PSY 517** three credits

### Psychology of Close Relationships

Seminar in the study of close relationships, particularly romantic ones. Students study existing research and learn to think critically about the underlying theory and research. The skill objective for this course is generation of research proposals.

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**PSY 521** three credits

**Behavior Modification and Behavior Therapy**

Basic principles of learning as theoretical underpinnings of contemporary applied behavioral psychology. Behavior change techniques derived from learning theory widely used in clinical, education, recreational, and family settings will be examined, and individual group applications compared and contrasted.

**PSY 522** three credits

**Behavioral Family and Group Counseling**

Detailed analysis of the function and structure of the family unit. The academic component includes topics such as family systems, behavioral contracting, networking, family sculpting, power, control, setting behavioral goals, the double bind, the identified patient, groups as a system, and the structuralist approach. The experiential component involves the inter-generational family tree, role playing diagnosis, and evaluation of actual families.

**PSY 523** three credits

**Behavioral Medicine**

An interdisciplinary approach to health and illness. Particular emphasis is placed on the interface of psychology and other allied disciplines with traditional medical approaches. Students are introduced to medical psychology as a profession and exposed to practical applications including stress management and biofeedback training.

**PSY 524** three credits

**Advanced Behavior Modification and Behavior Therapy**

Theoretical and functional considerations for the design and implementation of effective behavior programming. Through readings and analysis of case studies, students gain familiarity with the theoretical and applied principles of behavior modification and therapy.

**PSY 570** three credits

**Advanced Group Processes**

Prerequisite: Psychology graduate status  
Theoretical, research, and experiential aspects of the study of group processes or group dynamics. The course examines applications of theory and research in settings such as organizations, organizational development, and group therapy and uses lecture, student seminar presentations, and class experiential self-analytic group activities. This course fulfills a portion of the Mental Health Counselors license requirement.

**PSY 575** three credits

**Lifestyle, School, and Career Development**

Explores the impact of diverse lifestyles on mental health issues and academic and vocational adjustment. The course examines the effect of culture, gender, ethnicity, race, socioeconomic stature, and sexual orientation on psychotherapy, assessment, and academic and vocational adjustment. Special emphasis is given to cultural differences, alternative lifestyles, gay and lesbian issues, family patterns, fairness in testing, the "Bell Curve" debate, career counseling, and the relationship between cultural norms and psychopathology. This course fulfills a portion of the Mental Health Counselors license requirement.

**PSY 580** three credits

**Graduate Seminar in Psychology**

Graduate seminar offered for one semester on a specific topic. Topics vary according to student needs and faculty expertise in particular areas of study.

**PSY 589** four credits

**Graduate Practicum**

Prerequisite: Departmental permission  
A distinctly defined, pre-internship, supervised curricular experience. Course requirements include Massachusetts licensing requirements for Master's level mental health counselors. Students provide direct service with a clientele appropriate to the program emphasis. Classroom work includes role plays or other laboratory experiences. Students are provided with both individual and group supervision experiences.

**PSY 590** variable credits

**Field Experience**

Prerequisite: Departmental permission;  
Corequisites: PSY 511, PSY 512, or PSY 522  
Placement at area mental health facilities, involving students in the practical application of the theories being studied in the classroom. The placements vary according to the specific course being taken conjointly.

**PSY 591, PSY 592** four credits each  
**Internship I, II**

Prerequisite: Departmental permission  
Application of skills acquired through classroom work through internship placements. Students will be placed in mental health agencies and will receive extensive supervision.

**PSY 593** variable credits

**Seminar in Clinical Methods**

Review of research in a major clinical area, for third year graduate students. Students create an in-depth review of the literature, culminating in a final project that is presented to two graduate faculty for review.

**PSY 594** variable credits

**Seminar in Professional and Ethical Issues**

Advanced seminar on legal, ethical, professional, and moral issues facing mental health practitioners. Aspects of testing, assessment, psychotherapy, and psychopathology theory will be central issues. The course culminates in a written or oral exam testing application of clinical knowledge, ethical, and legal issues through a clinical case study model.

**PSY 595** three credits

**Independent Study**

Prerequisites: Permission of instructor, graduate director, and college dean  
Independent pursuit of an individual research project under the supervision of a faculty sponsor.

**PSY 596** variable credits; typically six

**Graduate Thesis**

Prerequisite: Departmental permission  
Student develops and executes an independent research thesis under the direction of a faculty advisor. Graded A-F.