



University of
Massachusetts
Dartmouth

285 Old Westport Rd.
Dartmouth, MA
02747-2300

UMass Dartmouth
Center for
Indic Studies

508.910.6630
508.999.8588
www.umassd.edu/indic

Center for Indic Studies Seminar

Date: February 16, 2007
Place: Library Browsing Area
Time: 12 - 1PM
Refreshments: 11:45 AM

Speaker: Gowri Anandarajah, MD
Associate Professor of Family Medicine (Clinical),
Brown Medical School

**Topic: The Role of Spirituality in Patient Care, Medical Education
and Research: Finding Common Ground between Eastern and
Western Perspectives.**

Abstract: The explosion of evidence in the last decade supporting role of spirituality in whole-person patient care has prompted many to propose a move to a biopsychosocial-spiritual model for health. Making this paradigm shift in today's multicultural societies poses many challenges.

The "3 Hs" of spirituality (Head, Heart and Hands) offers a multidimensional definition of spirituality. Including spirituality in whole-person care is the next step in furthering our understanding of the complexities of human health and well-being. This talk presents theoretical models that provide common ground for further exploration of the role of spirituality in medicine.

Bio: Gowri Anandarajah, MD is currently an Associate Professor of Family Medicine (clinical) at Brown Medical School. Dr. Anandarajah received her undergraduate education at Dartmouth College, her medical degree from University of North Carolina School of Medicine and her residency training in family medicine at Duke Medical Center. Her primary responsibilities for the last 15 years have been the clinical education of family medicine residents and medical students. For almost 12 years she has been developing and implementing several required and elective curricula on spirituality and medicine for medical students, residents, practicing physicians and other medical staff. She has given numerous workshops and seminars at national conferences, received grants and published medical articles on this subject. Other areas of her interest include: healthcare of underserved populations– local and international; the doctor-patient relationship; and death and dying.

For further information, please contact: Professor T.K. Roy at 508-999-8497 or Email: troy@umassd.edu



University of Massachusetts Dartmouth Center for Indic Studies • Knowledge Augurs Humility