# Uberoi Foundation Workshop on Teaching Dharmic Traditions
## July 18th-22nd, 2011*

Center for Indic Studies, University of Massachusetts Dartmouth
285 Old Westport Road
Dartmouth, MA 02747

**Day One, July 18th**

*Introduction to Dharmic Traditions*

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>8:00-8:30</td>
<td>Breakfast</td>
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<tr>
<td>8:30-8:45</td>
<td>Welcome</td>
<td>Dr. Bal Ram Singh</td>
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<td>8:45-9:15</td>
<td>Lesson Plan Expectations and Guidelines</td>
<td>Dr. Maureen Hall, Mr. Gordon Goodfellow</td>
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<td>9:15-10:00</td>
<td>Introduction to the Indian Subcontinent</td>
<td>Mr. Srinivas Reddy</td>
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<td><strong>10:00-10:15</strong> Break</td>
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<td>10:15-11:00</td>
<td>The Indus Valley Civilization</td>
<td>Dr. N.S. Rajaram</td>
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<td>11:00-12:00</td>
<td>Introduction to SALT Theory</td>
<td>Pt. Ramasamoju</td>
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<td><strong>12:00-1:00</strong> Lunch</td>
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<td>1:00-1:30</td>
<td>Issues in Teaching Dharmic Traditions</td>
<td>Ms. Shivi Chandra</td>
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<td>1:30-2:30</td>
<td>What is Dharma?</td>
<td>Dr. Girish Jha, asst. by Ms. Shivi Chandra</td>
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<td>2:30-3:00</td>
<td>Break</td>
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<td>3:00-4:00</td>
<td>General Questions: The Indian Subcontinent</td>
<td>Dr. Bal Ram Singh, Dr. Girish Jha, Dr. N.S. Rajaram, Mr. Srinivas Reddy, Pt. Ramasamoju</td>
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<td>4:00-5:00</td>
<td>Work on Lesson Plans</td>
<td>Dr. Maureen Hall, Mr. Gordon Goodfellow</td>
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<td>6:00-7:00</td>
<td>Indian Classical Music and Sitar Concert</td>
<td>Ms. Koyel Ghosal</td>
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<td><strong>7:00-8:00</strong> Dinner</td>
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*This schedule is tentative and subject to change due to unforeseen circumstances, situations, or developments.*
Day Two, July 19th
Hinduism

8:00-8:30  Breakfast

8:30-8:45  Meditation
Dr. Jerry Solfvin

8:45-9:15  Discussion of Lesson Plans
Dr. Maureen Hall
Mr. Gordon Goodfellow

9:15-9:45  Dharmic Traditions: Western Assumptions
Swami Yogatmananda

9:45-10:00  Break

10:00-10:45  Purushartha and Yoga:
Using a "No Paradox" Strategy
Dr. Girish Jha

10:45-11:30  Diwali, A Microcosm:
Using a Contextualization Strategy
Mr. Srinivas Reddy

11:30-12:00  Islam and the Dharmic Traditions
Ms. Shivi Chandra

12:00-1:00  Lunch

1:00-1:45  Modern Hindu Practices:
Using an Evolution Strategy
Dr. Girish Jha

1:45-2:30  The Caste System, An Ongoing Social Issue:
Using a Perspectival Strategy
Dr. Bal Ram Singh

2:30-3:00  Break

3:00-4:00  General Questions: Hinduism
Dr. Bal Ram Singh
Swami Yogatmananda
Dr. Girish Jha
Mr. Srinivas Reddy

4:00-5:00  Work on Lesson Plans
Dr. Maureen Hall
Mr. Gordon Goodfellow

7:00-8:00  Documentary: The Asian and Abrahamic Faiths
Dinner

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Day Three, July 20th

Buddhism

8:00-8:30  Breakfast

8:30-8:45  Meditation       Dr. Mu Soeng

8:45-9:15  Discussion of Lesson Plans     Dr. Maureen Hall
            Mr. Gordon Goodfellow

9:15-10:00  The Foundational Teachings of Buddhism    Dr. Mu Soeng

10:00-10:30 Break

10:30-11:15  The Evolution of Buddhism     Ms. Anasuya Weil
                     Ms. Mira Weil

11:15-12:00  The Experiential Psychology of Buddhism     Dr. Mu Soeng

12:00-1:00  Lunch

1:00-2:00  Mindful Schools: Buddhist Meditation    Mr. Adam Liss

2:00-2:30  Short film and Discussion:  Meditation in Schools
            Dr. Marcia Karspark

2:30-3:00  Break

3:00-4:00  General Questions: Buddhism     Dr. Mu Soeng
            Ms. Anasuya Weil
            Mr. Adam Liss
            Dr. Marcia Karspark

4:00-5:00  Work on Lesson Plans       Dr. Maureen Hall
            Mr. Gordon Goodfellow

6:00-8:00  Slideshow on Fulbright-Nehru Work
            Dinner       Dr. Maureen Hall

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Day Four, July 21st  
Jainism and Sikhism

8:00-8:30  Breakfast

8:30-8:45  Meditation  
Dr. Jerry Solfvin

8:45-9:15  Lesson Plans  
Dr. Maureen Hall  
Mr. Gordon Goodfellow

9:15-10:15  History and Philosophy of Jainism  
Dr. Courtney Schlosser

10:15-10:30  Break

10:30-11:30  Modern Jain Practices  
Mr. Pravin Shah

11:30-12:00  General Questions: Jainism  
Dr. Courtney Schlosser  
Mr. Pravin Shah

12:00-1:00  Lunch

1:00-?  Uberoi on the Road:  
Discuss Lesson Plans En Route to Gurudwara and Jain Temple  
Introduction to Sikhism at Gurudwara  
Dinner and Tour at Jain Temple

*This schedule is tentative and subject to change due to unforeseen circumstances, situations, or developments.*
Day Five, July 22nd  
**Sikhism and Conclusion**

### 8:00-8:30  Breakfast

- **8:30-8:45** Meditation  
  Dr. Jerry Solfvin
- **8:45-9:30** Sikhism  
  Ms. Harkiranpreet Kaur Dhaliwal

### 9:30-9:45  Break

### 9:45-10:30  Sikhism

- **9:45-10:30** Sikhism  
  Ms. Harkiranpreet Kaur Dhaliwal

### 10:30-11:00  General Questions: Sikhism

### 11:00-11:30  Lesson Plans

- **11:00-11:30** Lesson Plans  
  Dr. Maureen Hall  
  Dr. Gordon Goodfellow

### 11:30-12:30  Final Discussion of Lesson Plans

- **11:30-12:30** Final Discussion of Lesson Plans  
  Dr. Maureen Hall  
  Tools for Evaluation

### 12:30-1:30  Lunch

### 1:30-3:30  Presentations on lesson plans

### 3:30-4:15  Sari And Other Dress Activity

- **3:30-4:15** Sari And Other Dress Activity  
  Asst. Soniya Balli and Shivi Chandra

### 4:15-4:45  Concluding Remarks

- **4:15-4:45** Concluding Remarks  
  Dr. Bal Ram Singh  
  Dr. Ved Nanda

### 4:45-5:00  Feedback

### 6:00-7:00  Dinner