



Fitness Center Rules and Regulations

Read and Initial all

1. Only Fitness Center card holders will be allowed entry. _____
2. Each patron must be logged into the computer upon entry. _____
3. Anyone caught using the fitness center without checking in properly will have their membership suspended. _____
4. The use of cell phones inside the fitness center is prohibited. _____
5. Patrons must bring separate footwear for use in the workout areas, sneakers must be worn, no other footwear is acceptable. _____
6. The fitness center staff recommends using a spotter and bar clips when using free weight equipment. _____
7. Bags, balls, sticks, bats, shoes, changes of clothing, etc... are not allowed in the workout areas, lockers are available. _____
8. Horseplay, profanity, racist, or sexist comments will not be tolerated in this facility. Any individual displaying these types of behaviors will be asked to leave immediately and may be subject to suspension. _____
9. All equipment must be returned to its proper place. Anyone observed not complying with this rule will be suspended. _____
10. Users are responsible for the cost of any damages arising from misuse or abuse of equipment. _____
11. Proper workout attire is required. _____
12. Ignorance ("I didn't know") is not an excuse. _____

The University of Massachusetts Dartmouth Fitness Center Staff reserves the right to suspend usage of the fitness center by any individual who is not in compliance with the established rules and regulations.

Upon completion of this form you will be issued a fitness center ID card, the first one is free, replacement cards will cost \$5. Any member who wishes to enter without their ID will be charged \$1. Anyone with a balance will not be allowed in until the balance is paid.

I understand and agree to comply with all Fitness Center Rules and Regulations.

Print Name: _____ Signature: _____

DOB: _____ Phone (local/cell): _____

Emergency Contact Name: _____ Phone: _____

Status (circle one): FR SO JR SR GRAD EMPLOYEE SNESL DCE ALUM OTHER _____

Staff (work-study) Signature: _____ Date: _____