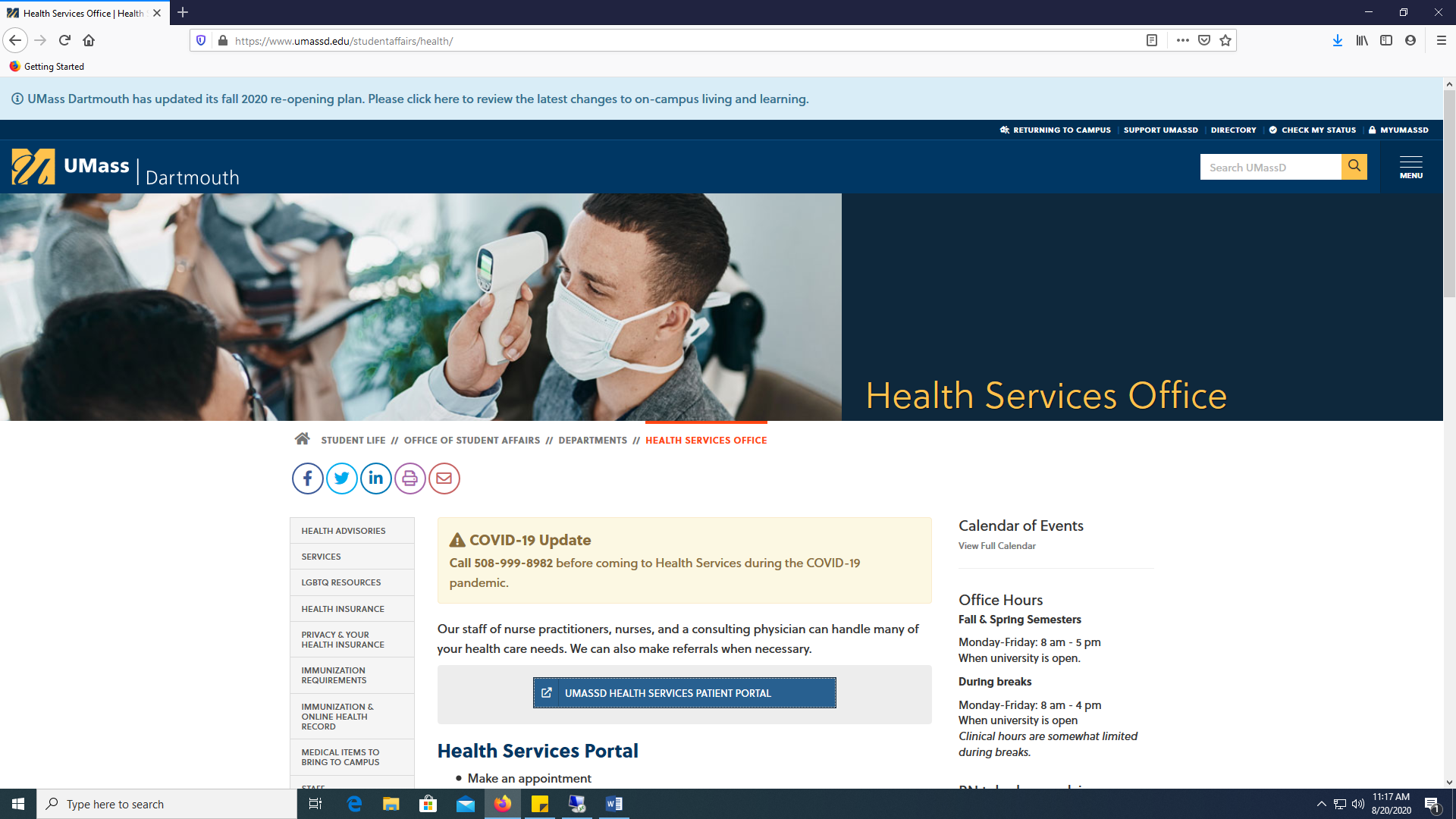
# Completing the Symptoms Tracker on the Patient Portal

Follow the instructions below to complete the Symptoms Tracker Form on the Patient Portal.

Access the portal directly at <https://umassd.medicatconnect.com> or by selecting this box 

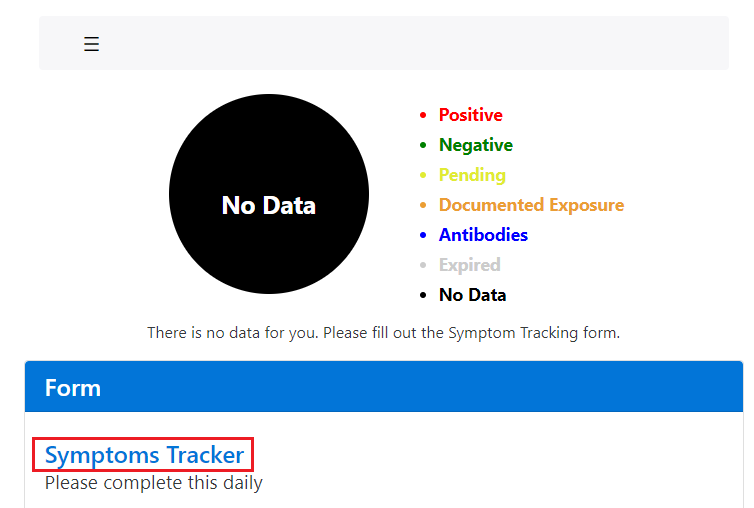
on the UMassD Health Services website <https://www.umassd.edu/studentaffairs/health/>



* Log into the Portal with your **UMassD username and password.**
* Select the **COVID-19 button.**



* Click **the Symptoms Tracker Form**.



* Complete the questions and select **Submit** when done.
* **Your COVID Status will update on the Portal**. You will see a colored indicator of your current COVID status.
  + **Expired (Gray)** = your status is now expired, and you need to complete the Symptoms Tracker Form again to update your status
  + **No Data (Black)** = you do not have a status. This is typically your status before you complete the Template Tracker Form for the first time.
  + **Negative (Green)** = you are negative for symptoms or exposure. You are cleared to attend class and/or be on campus.
  + **Documented Exposure (Orange**) = you have indicated a possible exposure to COVID-19 on your Symptoms Tracker Form. Please stay home and quarantine for 14 days following exposure. Please contact Health Services through the secure portal or call Health Services at 508-999-8982 during normal business hours for further instructions.
  + **Pending (Yellow) =** you have a COVID-19 test pending. Please isolate until results have been received.
  + **Positive (Red) =** you have indicated COVID-19 symptoms on your Symptoms Tracker Form. Please stay home and isolate for 10 days. Please contact Health Services through the secure portal or call Health Services at 508-999-8982 during normal business hours for further instructions.
* **Please complete the Symptoms Tracker Form daily to update your COVID Status**.