



Hinduism



Sikhism



Jainism



Buddhism



The Uberoi Foundation for Dharmic Traditions  
&  
Center for Indic Studies

offers

*Uberoi Foundation Fellowship  
for Teaching Dharmic Traditions*



**Location: Center for Indic Studies, UMass Dartmouth**

**Contact us: [uff@umassd.edu](mailto:uff@umassd.edu)**



## UBEROI FOUNDATION FELLOWSHIP

### For Teaching Dharmic Traditions

At Center for Indic Studies, University of Massachusetts Dartmouth

Program Director - Bal Ram Singh  
Program Coordinators - Maureen Hall and Shivi Chandra  
Program Assistants – Hollie Jones and Sirisha Mukkavali

## Uberoi Workshop on Teaching Dharmic Traditions 2012

### TENTATIVE PROGRAM

**Sunday, July 22, 2012:** Arrive in Dartmouth, MA/Check into dorm

**Monday, July 23, 2012:** Training inaugurated - Introduction to Dharmic traditions,  
general geography, history, culture of India, special evening program

**Tuesday, July 24, 2010:** Discussion on Hindu and Buddhist traditions, costume

**Wednesday, July 25, 2012:** Dharmic traditions and modernization, and discussion on Jainism

**Thursday, July 26:** Discussion Sikh traditions and field trip

**Friday, July 27, 2012:** Dharmic traditions and West, Concluding session.

#### General outline of the program

**Monday, July 23, 2012:** Training inaugurated - Introduction to Dharmic traditions,  
general geography, history, culture of India, special evening program

8:00 – 8:30 AM	Arrival, introductions, social, breakfast, etc. (a combination of formal and informal interaction)
8:30 - 9:00 AM	Lesson plan and journaling expectations - <b>Maureen Hall</b> , UMass Dartmouth
9:00 – 9:45AM	Common problems and solutions in teaching dharmic traditions - <b>Shivi Chandra</b> , UMass Dartmouth
9:45 - 10:30 AM	Activity #1 – World’s Fair Exhibition
10:30 – 11:00 AM	Break
11:00 – 12:00 PM	Geography of India - <b>Vanita Shastri</b> , Meru Education Foundation
11:30 – 12:30 PM	Modern History of India, <b>Vanita Shastri</b> , Meru Education Foundation
12:00 – 1:00 PM	Lunch

1:00 – 2:00 PM	Geography of India - <b>Vanita Shastri</b> , Meru Education Foundation
2:00 – 3:00 PM	Modern History of India, <b>Vanita Shastri</b> , Meru Education Foundation
3:00 – 3.30 PM	Break
3:30 - 4:30 PM	Culture vs. Tradition vs. Religion - <b>Bal Ram Singh</b> , UMass Dartmouth
4:30 – 5:00 PM	Activity #2 – Dimensionalizing
5:00 – 6:00 PM	Journaling
6:00 – 6:30 PM	Free time
6:30 – 7:15 PM	Indian music and dance
7:15 – 8:15 PM	Dinner

**Tuesday, July 24:** Hinduism and Buddhism - philosophy, history, practice, current status, etc.

8:00 – 8:15 AM	Arrival and social, breakfast, etc.
8:15 – 8:30 AM	Yoga and meditation- <b>Bal Ram Singh</b> , UMass Dartmouth
8:30 – 9:00 AM	Summary of Hinduism pre-reading
9:00 – 10:00 noon	Hinduism – Key tenets, worship, and practice – <b>Swami Yogatmananda</b> , Vedanta Society
10:00 – 10:30 AM	Break
10:30 – 11:00 AM	Controversial issues – <b>Shivi Chandra</b> , UMass Dartmouth
11:00 – 11:30 AM	Activity #3: Group journaling
11:30 – 12:00 PM	Q&A
12:00 – 1:00 PM	Lunch
2:00 – 3:00 PM	Four noble truths and current practice - TBA
3:00 – 3:30 PM	Dispersion and Western Buddhism - TBA
3:30 - 3:45 PM	Break
3:45 – 4:15 PM	Activity #4: Forced Contrast
4:15 – 4:45 PM	Q&A
4:45 – 5:30 PM	Journaling

- 5:30 – 7:00 PM Dress, jewelry, coins, deities, costumes, etc. (Indian community's assistance needed)
- 7:00 - 8:00 PM Activity # 5: Dinner by Indian community, potluck, discussion on sports, music, art, and Bollywood

### **Wednesday, July 25: Dharmic Traditions and Modernization + Jainism**

- 8:00 – 8:15 AM Arrival and social, breakfast, etc.
- 8:15 - 8:45 AM Yoga and meditation- **Jerry Solfvín**, UMass Dartmouth
- 8:45 – 9:30 AM .Contemporary issues for dharmic traditions – **Shivi Chandra**, UMass Dartmouth
- 9:30 – 10:15 AM Activity #6: Mini Timelines
- 10:15 – 10:30 AM Break
- 10: 30 – 11:00 AM Summary of Jainism pre-reading
- 11:00 – 12:00 PM Core Jain beliefs, Jain lifestyle and culture – **Yogendra Jain**
- 12:00 – 1:00 PM Lunch, Q &A
- 1:00 – 1:30 PM Journaling
- 1:30 - 2:00 PM Summary of Sikhism pre-reading
- 2:00 – 3:30 PM Sikh beliefs and practices – **Harikiran Kaur Dhaliwal**, UMass Darmouth
- 3:30 – 4:15 PM Sikhs in Indian history – **Shivi Chandra**, UMass Dartmouth
- 4:15 – 4:45 PM Q&A
- 4:45 PM onwards Free time

### **Thursday, July 26, 2012: Field trip to Lakshmi Temple, Jain Temple, and Sikh Gurdwara**

- 8:00 – 8:30 AM Arrival and social, breakfast, etc.
- 8:30 - 10:00 AM Travel to Ashland, MA – Shri Lakshmi Temple
- 10:00 – 12:00 PM Tour and explanation by Dr. Kumar Nochur
- 12:00 – 1:00 PM Lunch
- 1:00 – 1:30 noon Travel to Sikh Gurdwara
- 1:30 – 2:30 PM Visit at Gurdwara

2:30 – 3:00 PM	Travel to Buddhist Center
3:00 – 4:30 PM	Visit to Buddhist Center
4:30 – 5:00 PM	Travel to Jain Center
5:00 - 6:30 PM	Visit to Jain Center
6:30 – 7:30 PM	Dinner
7:30 – 8:30 PM	Travel back to Campus

### **Friday, July 27, 2012: Dharmic Traditions and the West, and Concluding session**

8:00 – 8:15 AM	Arrival and social, breakfast, etc.
8:15 - 9:30 AM	Meditation and teaching pedagogy (SALT model) - <b>Pandit Ramsamooj</b> , 3 R Foundation and UMass Dartmouth
9:30 – 10:30 AM	Representation of Dharmic Traditions – Shivi Chandra, UMass Dartmouth
10:30 – 11:00 AM	Break and prepare to leave
11:00 – 12:00 PM	Activity # 7 – Is It Exoticized?
12:00 – 1:00 PM	Lunch
1:30 – 2:30 PM	Lesson plan assessment and checklist
2:30 – 3:00 PM	Journaling
3:00 – 3:30 PM	Q&A
3:30 – 4:30 PM	Activity #8: Sharing of Lesson plans
4:30 – 5:00 PM	Closing remarks
5:00 PM	Departure