

**Center for Indic Studies *Announces***

**Spring 2013 Seminar Series**

***Change That Matters***

**“Contemplative Practice & Happiness”**

Friday, Feb. 15, 12noon – 1:00pm

Claire T. Carney Library, Grand Reading Room, 122

Jerry Solfvin, Ph.D.

Center for Indic Studies

UMass Dartmouth



**FREE and OPEN TO PUBLIC – light refreshments (served at 11:45am)**

***RADICAL CHANGE*** is underwayin the study of “mind”. The old “mind” science: 1. Assumed the “mind” (and *person*) must “be” in the brain; 2. Identified brain anatomy, states, and traits and asked “what’s wrong with this “mind””; and 3. Built theories, models, and therapies around the goal of fixing what’s wrong. The overwhelmingly successful new approach: 1. Views *person*-mind as a nonlocal “process”; 2. Asks, “what is a happy *person*/mind?”; and 3. re-establishes the central role of “attention” in understanding “mind”. Dr. Solfvin will discuss some Indic influences driving this.

**Jerry Solfvin**,  PhD., is a member of the Center for Indic Studies faculty. He has published on scientific methodology, nonduality, meditation research, and on the rich, untapped potential of yoga & parapsychology to which western science is yet to “wake up”. Former affiliations include, San Francisco State University, California Pacific Medical Center, California Institute for Integral Studies (CIIS), and Duke University. He was an invited NIH panelist, a founding member of the Esalen Institute DMILS workgroup, recipient of grants from Harvard University Hodgson Fund, Institute of Noetic Sciences (IONS), The Nathan Cummings Foundation, and a UMass Public Service Grant.

**For further information see www.umassd.edu/indic/, or contact: 508-910-6630/** **jsolfvin@umassd.edu**

