Uberoi Foundation Workshop on Teaching Dharmic Traditions

July 25th-29th, 2011*Center for Indic Studies, University of Massachusetts Dartmouth 285 Old Westport Road Dartmouth, MA 02747

Monday, July 25th **Introduction to Dharmic Traditions**

| 8:00-8:30 | Breakfast | | | |
|-----------------------------------------------------|----------------------------------------------|--------------------------------------------------|--|--|
| 8:30-9:30 | Welcome, Introduction to Indian Subcontinent | Dr. Bal Ram Singh | | |
| 9:30-10:00 | Lesson Plan Expectations and Guidelines | Dr. Maureen Hall Mr. Gordon Goodfellow | | |
| 10:00-10:15 Break | | | | |
| 10:15-11:00 | The Indus Valley Civilization | Dr. N.S. Rajaram | | |
| 11:00-12:00 | Introduction to SALT Theory | Pt. Ramasamooj | | |
| 12:00-1:00 | Lunch | | | |
| 1:00-1:45 | Issues in Teaching Dharmic Traditions | Ms. Shivi Chandra | | |
| 1:45-2:45 | Introduction to Indian Cultural Ethos | Mrs. Meenal Pandya | | |
| 2:45-3:15 | Break | | | |
| 3:15 -4:00 | General Questions: The Indian Subcontinent | All Presenters | | |
| 4:00-5:00 | Work on Lesson Plans | Dr. Maureen Hall Mr. Gordon Goodfellow | | |
| 6:00-7:00 Indian Classical Music with Sitar & Tabla | | Ms. Koyel Ghosal Mr. Avirodh Sharma Ramsamooj | | |

7:00-8:00 Dinner

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Tuesday, July 26th *Hinduism*

| 8:00-8:30 | Breakfast | |
|-------------------|-------------------------------------------|-------------------------------------------|
| 8:30-8:45 | Meditation | Dr. Jerry Solfvin |
| 8:45-9:15 | Discussion of Lesson Plans | Dr. Maureen Hall Mr. Gordon Goodfellow |
| 9:15-10:15 | Dharmic Traditions: Western Assumptions | Swami Yogatmananda |
| 10:15-10:30 Break | | |
| 10:30-11:15 | Modern Hindu Practices | Swami Yogatmananda |
| 11:15-12:00 | Islam and the Dharmic Traditions | Ms. Shivi Chandra |
| 12:00-1:00 Lunch | | |
| 1:00-1:45 | Purushartha and Yoga | Dr. Girish Jha |
| 1:45-2:30 | The Caste System, An Ongoing Social Issue | Dr. Bal Ram Singh |
| 2:30-3:00 Break | | |
| 3:00-4:00 | General Questions: Hinduism | All Presenters |
| 4:00-5:00 | Work on Lesson Plans | Dr. Maureen Hall Mr. Gordon Goodfellow |
| 5:30-6:30 | Sari and other Dress activity | |
| 6:30-7:30 | Dinner | |

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Wednesday, July 27th Buddhism

| 8:00-8:30 | Breakfast | |
|-------------------|-----------------------------------------------------|-------------------------------------------|
| 8:30-8:45 | Meditation | Dr. Mu Soeng |
| 8:45-9:15 | Discussion of Lesson Plans | Dr. Maureen Hall Mr. Gordon Goodfellow |
| 9:15-10:00 | The Foundational Teachings of Buddhism | Dr. Mu Soeng |
| 10:00-10:30 Break | | |
| 10:30-11:15 | The Evolution of Buddhism | Ms. Anasuya Weil Ms. Mira Weil |
| 11:15-12:00 | The Experiential Psychology of Buddhism | Dr. Mu Soeng |
| 12:00-1:00 | Lunch | |
| 1:00-2:00 | Mindful Schools: Meditation | Mr. Adam Liss |
| 2:00-2:30 | Short film and Discussion: Meditation in Schools | Dr. Marcia Karspark |
| 2:30-3:00 | Break | |
| 3:00-4:00 | General Questions: Buddhism & Meditation in Schools | All Presenters |
| 4:00-5:00 | Work on Lesson Plans | Dr. Maureen Hall Mr. Gordon Goodfellow |
| 6:00-7:00 | Slideshow on Fulbright-Nehru Work | Dr. Maureen Hall |
| 7:00-8:00 | Dinner | |

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Thursday, July 28th Jainism and Sikhism

| 8:00-8:30 | Breakfast | |
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| 8:30-8:45 | Meditation | Dr. Jerry Solfvin |
| 8:45-9:15 | Lesson Plans | Dr. Maureen Hall Mr. Gordon Goodfellow |
| 9:15-9:45 | Eastern and Western Religious Perspectives | Mr. Pravin Shah |
| 9:45-10:00 | Break | |
| 10:00-11:00 | History and Philosophy of Jainism | Mr. Pravin Shah |
| 11:00-12:00 | Modern Jain Practices | Mr. Pravin Shah |
| | | |

12:00-1:00 Lunch

1:00-1:30 General Questions: Jainism

2:00-8:00 Uberoi on the Road:

Discuss Lesson Plans En Route to Gurudwara and Jain Temple

Introduction to Sikhism at Gurudwara Dinner and Tour at Jain Temple

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Friday, July 29th Sikhism and Conclusion

| 8:00-8:30 | Breakfast | |
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| 8:30-8:45 | Meditation | Dr. Jerry Solfvin |
| 8:45-9:30 | Origin & History of Sikhism | Ms. Harkiranpreet Kaur Dhaliwal |
| 9:30 -10:15 | Modern Sikh Practices | Ms. Harkiranpreet Kaur Dhaliwal |
| 10:15-10:30 | Break | |
| 10:30-11:00 | General Questions: Sikhism | |
| 11:00-11:30 | Lesson Plans | Dr. Maureen Hall Dr. Gordon Goodfellow |
| 11:30-12:30 | Final Discussion of Lesson Plans Tools for Evaluation & Feedback | Dr. Maureen Hall |
| 12:30-1:30 | Lunch | |
| 1:30-3:30 | Presentations of lesson plans | |
| 3:30-4:00 | Concluding Remarks & Distribution of Certificates | Dr. Bal Ram Singh |
| 6:00-7:00 | Dinner | |