



MAJOR DEGREE MAP

Health & Society BA

Name _____

ID _____

YEAR 1

FALL

ENL 101 (US 1A)

CAS 103 (US 1E)

CAS Soc/Hm _____

Lng 101 (CAS) _____

SOA 101/11 (US4B)/PSY 101(US4A)

SPRING

ENL 102 (US 1B)

Vis/Prf Arts (US 3B) _____

MTH 140/147 (US 1D) _____

Lng 102 (CAS) _____

HLT 201

YEAR 2

FALL

Literature (US 3A) _____

Science (US2B) _____

CAS Soc/Hm _____

HLT 211 (US1C) _____

Free Elec _____

SPRING

US4A/B (CAS Sc/Hm) _____

US4C (CAS Sc/Hm) _____

HLT 200 Elec _____

Free Elec _____

Free Elec _____

YEAR 3

FALL

Science (US2A) _____

HLT 300/400 Elec _____

HLT 300/400 Elec _____

Free Elec _____

Free Elec _____

SPRING

HLT 316 _____

HLT300/400 Elec _____

Free Elec _____

Free Elec _____

Free Elec _____

YEAR 4

FALL

HLT 450 (US5B)

HLT 420 (US5A)

HLT 300/400 Elec _____

Free Elec _____

Free Elec _____

SPRING

HLT 300/400 Elec _____

HLT 300/400 Elec _____

Free Elec _____

Free Elec _____

Free Elec _____

MAJOR DEGREE MAP

ACADEMIC

ENGAGEMENT

CAREER

YEAR

1

Explore minors or a second major

Meet with Pre-Med and Pre-Health Advisors

Earn at least 30 credits

Get Involved! Volunteer and join a club that you enjoy

Join a student organization and participate in activities

Attend university extracurricular events encouraged by CAS 103

Visit the Career Center to identify values, interests, and skills and potential career paths

Create a college appropriate resume

Create a Handshake Account

YEAR

2

Declare a minor or second major

Review and understand the major graduation requirements

Earn at least 30 credits for a total of 60 credits

Seek out campus opportunities for relevant work including peer tutoring and mentoring and work-study

Meet with your advisor about opportunities to study abroad

Consider volunteering with local organizations or non-profits

Create a LinkedIn or other accounts on industry specific platforms

Update your resume and develop your draft cover letter

Participate in alumni job shadowing or informational interviews and search for summer jobs and internships

YEAR

3

Take advanced courses and the Methods course

Review requirements for graduation

Earn at least 30 credits for a total of 90 credits

Seek a leadership position(s) with a student organization

Arrange for opportunities to engage in research or creative experiences

Attend Career Fair(s) and other career-related events

Secure an internship and speak with your academic advisor about credit

If interested, research graduate school programs and requirements

YEAR

4

Complete the Internship and Capstone course

Apply for graduation

Earn at least 30 more credits to meet the 120

Complete student-faculty research or creative endeavor project

Apply to present your work at an on or off campus event

Practice skills by doing at least 2 mock interviews and getting feedback

Meet with faculty or advisors for letters of recommendation

Take graduate entrance exams and complete applications or Apply for your first career!