

The **Aging and Health minor** is the scientific study of aging and older adults from a biological, psychological, and social perspective. It is a multidisciplinary program supervised by faculty from many disciplines and colleges within the university. Our students are trained in basic science, health, social science, and statistics. This minor is designed for degree candidates from any college in the university who want to specialize in the gerontological aspects of their discipline or to understand the aging process more fully, and is a great addition for majors from nursing, biology, sociology, health & society, and psychology.

### Overview of skills developed

By having a comprehensive understanding of Aging and Health, students will be better prepared to meet the challenges and opportunities of a growing aging population. As an aging and health minor, students can work with the Ora M. DeJesus Gerontology Center, which is dedicated to promoting healthy aging through multi-disciplinary research and outreach. The Center's research and programs enhance current knowledge of the aging process and promote healthy, active living. The Center builds bridges between the university and community through research, education, outreach, and partnerships.

### Curriculum outline

The minor offers courses in: health promotion in adulthood, maintenance of cognitive health, management of chronic health and disability, aging in our society, and aging throughout the lifespan. We also provide in depth coverage of certain conditions, including autistic spectrum disorders, cerebral palsy, Down's Syndrome that are typically associated with childhood and early development, in addition to other conditions, such as multiple sclerosis, spinal cord injury, and traumatic brain injury.

### Course offerings include:

- Adulthood & Aging
- Cognitive Health and Changes with Age
- Biological Bases of Behavior
- Health Psychology
- Topics in Gerontology
- Nursing Care of Older Adults
- Fundamentals of Human Physiology
- Aging Disability
- Crime and Justice Across the Life Span
- Ethics & Health Care Professional

### Top Jobs

- Mental Health Counselors (median salary: \$46,240)
- Healthcare Social Workers (median salary: \$56,750)
- Physical Therapists (median salary: \$89,440)
- Speech-Language Pathologists (median salary: \$79,120)
- Audiologists (median salary: \$77,600)
- Medical and Health Services Managers (median salary: \$100,980)
- Clinical Neuropsychologist (median salary: \$110,552)
- Adult Developmental Psychology Professor (median salary: \$102,724)

### Graduate school placements

- Boston College
- MGH Institute of Health Professions
- University of Pennsylvania

### Career placements

- Massachusetts General Hospital
- Boston Children's Hospital
- Tufts Medical Center
- Quest Diagnostics

### More info

#### Honors College

Take advanced courses, pursue research, and be part of a community of scholars

#### Undergraduate Research

Faculty work with students on cutting-edge research projects

#### Ora M. DeJesus Gerontology Center

Work with the multi-disciplinary center dedicated to research and programs that provide education on the aging process and promote healthy, active living

**SCAN ME**

Scan for more information  
on the  
**Aging & Health Minor**