## **UMass High Risk Travel Destinations**

Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
A High-Risk Destination is any domestic or international country, region, province or city designated by the Systemwide Travel Risk Management Advisory Committee (TARMAC), or a campus, as posing substantive health, safety, security risk to a University Traveler and/or the University.	TARMAC criteria	TARMAC criteria	Healix Risk Information	US Department of State Travel Advisories	CDC Travel Health Notices	
(A)						
Afghanistan	Yes	Yes	С	<u>C</u>		No
Albania	No	No				No
Algeria	Yes	Yes		<u>R</u>		No
American Samoa	No	No				No
Andorra	No	No				No
Angola	Yes	No	R			No
Anguilla	No	No				No
Antarctica	No	No				No
Antigua and Barbuda	No	No				No
Argentina	No	No				No
Armenia	Yes	Yes	R	R		No
Aruba	No	No				No
Australia	No	No				No
Austria	No	No				No
Azerbaijan	Yes	Yes	R	<u>R</u>		No
(B)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Counti
Bahamas	No	No				No
Bahrain	No	No				No
Bangladesh	Yes	Yes	R	<u>C</u>		No
Barbados	No	No		_		No
Belarus	Yes	Yes		<u>C</u>		No
Belgium	No	No		_		No
Belize	Yes	Yes		<u>R</u>		No
Benin	Yes	Yes		<u>R</u>		No
Bermuda	No	No		_		No
Bhutan	No	No				No
Bolivia	Yes	Yes		<u>R</u>		No
Bonaire, Sint Eustatius and Saba	No	No		_		No
Bosnia and Herzegovina	No	No				No

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Botswana	No	No				No
Brazil	Yes	Yes		<u>R</u>		No
British Indian Ocean Territory	No	No		_		No
Brunei	No	No				No
Bulgaria	No	No				No
Burkina Faso	Yes	Yes	С	<u>C</u>		No
Burundi	Yes	Yes	С	<u>C</u>		No
(C)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Cambodia	No	No				No
Cameroon	Yes	Yes	R	<u>R</u>		No
2 Canada	No	No				No
Cape/Cabo Verde	No	No				No
Cayman Islands	No	No				No
Central African Republic	Yes	Yes	С	<u>C</u>		No
Chad	Yes	Yes	R	<u>C</u>		No
Chile	No	No		_		No
8 China	Yes	Yes		<u>C</u>		No
Christmas Island (Australia)	No	No		_		No
Cocos [Keeling] Islands (Australia)	No	No				No
Colombia	Yes	Yes	R	<u>C</u>		No
Comoros	NO	No				No
Congo - Democratic Republic of	Yes	Yes	С	<u>C</u>		No
Congo - Republic of	No	No				
Cook Islands (New Zealand)	No	No				No
Costa Rica	No	No				No
Cote d'Ivoire	Yes	Yes	R	<u>R</u>		No
Croatia	No	No				No
Cuba	Yes	Yes				Yes
Curacao	No	No				No
Cyprus	No	No				No
2 Czech Republic	No	No				No
(D)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Denmark	No	No				No
Djibouti	No	No				No
Dominica	No	No				No

1	Guinea-Bissau	Yes	Yes	1.7	<u>C</u>		No
00	Guinea	Yes	Yes	R	<u>C</u>		No
9	Guatemala	Yes	Yes		<u>C</u>		No
3	Guam	No	No				No
7	Guadeloupe	No	No				No
6	Grenada	No	No				No
5	Greenland	No	No				No
4	Greece	No	No				No
3	Gibraltar	No	No				No
2	Ghana	No	No				No
1	Germany	No	No	K	<u> </u>		No
	Georgia	Yes	Yes	R	R		No
9	Gambia	No	No				No
В	Gabon	No	No		<u> </u>		No
,	Gaza Strip	Yes	Yes	С	C C		No
5	(G)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensivel Sanctioned Cour
5	French Polynesia	No	No				No
4	French Guiana	No	No				No
Н	France	No	No				No
1	Fiji Finland	No	No				No No
0	Faroe Islands (Denmark)	No No	No No				No
9	Falkland Islands (UK)	No	No				No
3	(F)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensive Sanctioned Cou
7	Ethiopia	Yes	Yes	R	<u>C</u>		No
6	eSwatini, Kingdom of	No	No				No
5	Estonia	No	No				No
4	Eritrea	No	No				No
3	Equatorial Guinea	No	No				No
2	El Salvador	Yes	Yes		<u>C</u>		No
1	Egypt	Yes	Yes	R	<u>C</u>		No
0	Ecuador	Yes	Yes	R	<u>R</u>		No
9	East Timor [Timor-Leste]	No	No				No
8	(E)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensivel Sanctioned Cou
7	Dominican Republic	No	No				No
	Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count

Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Guyana	Yes	Yes		<u>C</u>		No
3 (H)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
<sup>4</sup> Haiti	Yes	Yes	С	<u>C</u>		No
Holy See, The [Vatican City]	No	No				No
Honduras	Yes	Yes	С	<u>C</u>		No
Hong Kong	No	No				No
Hungary	No	No				No
	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
Iceland	No	No				No
India	Yes	Yes	R	<u>R</u>		No
Indonesia	Yes	Yes	R	<u>R</u>		No
Iran	Yes	Yes	R	<u>C</u>		Yes
Iraq	Yes	Yes	С	<u>C</u>		No
Ireland	No	No		_		No
Israel	Yes	Yes	R	<u>C</u>		No
Italy	No	No		_		No
(J)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
Jamaica	Yes	Yes		<u>C</u>		No
Japan	No	No		_		No
Jordan	Yes	Yes	R	<u>R</u>		No
(K)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
Kazakhstan	No	No				No
Kenya	Yes	Yes	R	<u>R</u>		No
Kiribati	No	No				No
Kosovo	Yes	Yes		<u>R</u>		No
Kuwait	Yes	Yes		<u>R</u>		No
Kyrgyzstan (The Kyrgz Republic)	Yes	Yes	R	<u>R</u>		No
(L)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
Laos	Yes	Yes		<u>R</u>		No
Latvia	No	No				No

Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Lebanon	Yes	Yes	С	<u>C</u>		No
Lesotho	No	No				No
Liberia	No	No				No
Libya	Yes	Yes	C	<u>C</u>		No
Liechtenstein	No	No				No
Lithuania	No	No				No
Luxembourg	No	No				No
99 (M)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
Macau	Yes	Yes		<u>C</u>		No
Madagascar Madagascar	Yes	Yes		<u>R</u>		No
Malawi	No	No				No
Malaysia	No	No				No
Maldives	No	No				No
Mali	Yes	Yes	C	<u>C</u>		No
Malta	No	No		_		No
Marshall Islands	No	No				No
8 Martinique	No	No				No
Mauritania	Yes	Yes	R	<u>C</u>		No
Mauritius	No	No				No
Mayotte (France)	No	No				No
Mexico	Yes	Yes	R	<u>R</u>		No
Micronesia	No	No				No
Moldova, Republic of	Yes	Yes		<u>R</u>		No
Monaco	No	No				No
Mongolia	No	No				No
Montenegro	No	No				No
Montserrat	No	No				No
Morocco	No	No				No
Mozambique	Yes	Yes	R	<u>R</u>		No
Myanmar (Burma)	Yes	Yes	С	<u>C</u>		No
(N)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Count
Namibia	No	No				No
Nauru	No	No				No
Nepal	Yes	No	R			No
Netherlands	No	No				No
New Caledonia	Yes	Yes		<u>C</u>		No

Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Countr
New Zealand	No	No				No
Nicaragua	Yes	Yes		<u>C</u>		No
Niger	Yes	Yes	С	<u>C</u>		No
Nigeria	Yes	Yes	С	<u>C</u>		No
Niue	No	No				No
Norfolk Island (Australia)	No	No				No
North Korea	Yes	Yes		<u>C</u>		Yes
North Macedonia	No	No				No
Northern Mariana Islands	No	No				No
Norway	No	No				No
(O)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensivel Sanctioned Cour
Oman	Yes	Yes		<u>R</u>		No
(P)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensivel Sanctioned Cour
Pakistan	Yes	Yes	С	<u>C</u>		No
Palau	No	No				No
Panama	Yes	Yes		<u>R</u>		No
Papua New Guinea	Yes	Yes	С	<u>C</u>		No
Paraguay	No	No				No
Peru	Yes	Yes	R	<u>R</u>		No
Philippines	Yes	Yes	R	<u>R</u>		No
Pitcairn	No	No		_		No
Poland	No	No				No
Portugal	No	No				No
Puerto Rico	No	No				No
(Q)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensivel Sanctioned Cou
Qatar	No	No				No
(R)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensive Sanctioned Cou
Reunion	No	No				No
Romania	No	No				No
Russia	Yes	Yes	R	<u>C</u>		Yes
Rwanda	Yes	Yes		<u>R</u>		No
(S)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Cour

(	Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
200	Saba	No	No				No
201	Saint Barthelemy	No	No				No
202	Saint Helena	No	No				No
203	Saint Kitts and Nevis	No	No				No
204	Saint Lucia	No	No				No
205	Saint Martin (French part)	No	No				No
206	Saint Pierre and Miquelon	No	No				No
207	Saint Vincent and the Grenadines	No	No				No
208	Samoa	No	No				No
209	San Marino	No	No				No
210	Sao Tome and Principe	No	No				No
211	Saudi Arabia	Yes	Yes	R	<u>R</u>		No
212	Senegal	No	No				No
213	Serbia	No	No				No
214	Seychelles	No	No				No
215	Sierra Leone	No	No				No
216	Singapore	No	No				No
217	Sint Maarten (Dutch part)	No	No				No
218	Slovakia	No	No				No
219	Slovenia	No	No				No
220	Solomon Islands	No	No				No
221	Somalia	Yes	Yes	С	<u>C</u>		No
222	South Africa	No	No				No
223	South Georgia & South Sandwich Islands	No	No				No
224	South Korea	No	No				No
225	South Sudan	Yes	Yes	С	<u>C</u>		No
226	Spain	No	No				No
227	Sri Lanka	No	No				No
228	Sudan	Yes	Yes	С	<u>C</u>		No
229	Suriname	No	No				No
230	Svalbard and Jan Mayen	No	No				No
231	Sweden	No	No				No
232	Switzerland	No	No				No
233	Syria	Yes	Yes	С	<u>C</u>		Yes
234	(T)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
235	Taiwan	No	No				No
236	Tajikistan	Yes	Yes	R	<u>R</u>		No
237	Tanzania	Yes	Yes		<u>R</u>		No

Country	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Thailand	Yes	Yes	R	<u>R</u>		No
Togo	Yes	Yes		R		No
Tokelau	No	No				No
Tonga	No	No				No
Trinidad and Tobago	Yes	Yes		<u>C</u>		No
Tunisia Tunisia	Yes	Yes	R	<u>R</u>		No
Turkey	Yes	Yes	R	<u>R</u>		No
Turkmenistan	No	No		_		No
Turks and Caicos Islands	No	No				No
Tuvalu	No	No				No
(U)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Uganda Uganda	Yes	Yes	R	<u>C</u>		No
Ukraine	Yes	Yes	С	<u>C</u>		Yes
United Arab Emirates	No	No		_		No
United Kingdom	No	No				No
United States	No	No				No
Uruguay	No	No				No
Uzbekistan	Yes	No	R			No
256 (V)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Vanuatu Vanuatu	No	No				No
Venezuela	Yes	Yes	С	<u>C</u>		No
Vietnam	No	No				No
Virgin Islands, British	No	No				No
Virgin Islands, U.S.	No	No				No
262 (VV)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Wallis and Futuna	No	No				No
West Bank	Yes	Yes	С	<u>C</u>		No
Western Sahara	No	No				No
266 <b>(Y)</b>	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Yemen	Yes	Yes	С	<u>C</u>		No
268 (Z)	Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	Healix Countrywide or Regional Level 4 or 5	US Dept of State Countrywide or Reg. Level 3 or 4	CDC Level 3 or 4	Comprehensively Sanctioned Country
Zambia	No	No				No
Zimbabwe	No	No				No

		Meets TARMAC High Risk Destination Criteria	Meets TARMAC Elevated Cyber Risk Criteria	US Dept of State Countrywide or Reg. Level 3 or 4	Comprehensively Sanctioned Country
271	Last updated 09/25/2024				
272	C = Countrywide Rating				
273	R = Regional Rating				

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