2020-2021
Student Nurse Leadership Academy

“Fulfilling a Promise”

Student Welcome Packet
A Welcome From Your Senior Student Leader

Hello and welcome class of 2024 to UMass Dartmouth College of Nursing and Health Sciences! Let me introduce myself. I am Kenney Maxfield, a Junior nursing student, and I have been a resident of Dartmouth Massachusetts for my entire life. I am the current Vice President of the Student Nurses Association (SNA) on campus, and your senior student leader. The leadership team and I have been working hard in preparation for these next few days, and we are so glad to finally have you here. It seems like it was such a long time ago when I went through the very same academy. I remember feeling nervous and a tad bit anxious looking around the room at all the new people that I now call friends. After one heck of a long weekend we had begun to grow closer, and we had a greater understanding of what lies ahead in our nursing school career.

You will learn that one of the many roles’ nurses have is to educate their patients. You have been given the amazing opportunity to learn at one of the best nursing schools in Massachusetts, and it is the job of the leadership team and support staff to educate you on the tools required to succeed in the coming days, months, and years. The weekend will be long, and the lessons may not at first be apparent, but these next few days will be instrumental in how you tackle the challenges that will soon be coming your way. I hope that you are ready to get going because I know I am! Once again welcome to the college I look forward to getting to know you all.

Respectfully,

Kenney Maxfield
Vice President, Student Nurse Association (SNA)
Senior Student Leader, Student Nurse Leadership Academy (SNLA)
Meet Your Student Leaders

Sean Reall
Student Support Services Intern

A senior in the Crime and Justice program at UMass Dartmouth, Sean is also a football captain with the UMass Dartmouth Men’s Varsity Football team. As someone who is trying to pursue a career in law enforcement, interning with the College of Nursing and Health Sciences provides an opportunity to increase his understanding of social justice by working to support underrepresented nursing students through the Health Resources and Services Administration (HRSA) Workforce Diversity Grant. Sean prides himself in his ability to incorporate his skills and assets as a crime and justice major and as a football captain to reinforce the ideals and concepts of the Student Nurse Leadership Academy.

Maya Tavares
Delano Group Student Leader

A Junior in the UMass Dartmouth College of Nursing, Maya was a commuter student from Fairhaven MA during her freshman year, however, is now a Resident’s Assistant (RA) for the 2020-2021 school year. After graduation, Maya is hoping to enlist in the United States Navy Nurse Corps. Maya knew a career in nursing was right for her as she enjoys overcoming high stress, challenging situations that leads to a life being saved.

Katelyn Feeney
Boardman Group Student Leader

A Junior in the UMass Dartmouth college of Nursing, Katelyn is a commuter from Rochester, Ma. Katelyn was inspired by her high school teacher to appreciate the complexities of the human body, which led her to consider a career in nursing. Katelyn is grateful for the experience she received in high school and attributes her successes in nursing school thus far to her high school teacher.
Hannah Eugenio  
Nightingale Group Student Leader

A Junior in the UMass Dartmouth College of Nursing, Hannah is from Middleboro MA, and currently resides there. Hannah, ironically, did not choose nursing at first rather it chose her. It has always been one of her personal goals to make a difference in the community, while most importantly exuding kindness and support for those she is honored to work with. Hannah believes that demonstrating empathy to others is a simple yet simultaneously complex act, and as a nursing major she knows her career will focus on this belief. Nursing offers Hannah the opportunity to combine her interest in science and caring for others to make a difference one life at a time.

Aidan Quintal  
Doss Group Student Leader

Aidan Quintal, SNLA Doss Group Leader and a Junior in the UMass Dartmouth College of Nursing, Aidan is a commuter student from Acushnet, MA. Aidan’s love for science, his compassion and drive for helping those in need have determined his path in the field of nursing. Aidan has a high level of interest in professional development and takes every opportunity to attend conferences and seminars to deepen his understanding of the 21st century healthcare industry.

Synnove Ask  
Barton Group Student Leader

A Sophomore in the UMass Dartmouth College of Nursing. Synnove currently resides in Milton but is originally from New Jersey. She is currently the Treasurer of the Student Nurses Association on campus and is an aspiring anesthesiologist. Synnove has reflected on her time in the Student Nurse Leadership Academy (SNLA) and believes it has provided her with a smooth transition from high school to college, and the Nursing Program. Moreover, she states that it has helped her build leadership skills and confidence to provide support, whether that be personal or academic, to those who need it. She loves a challenge and firmly believes that if one puts in the work and dedication they will succeed.
William Tuttle
SNLA Student Leader

Will is a rising sophomore in the nursing program from Cranston, RI. On top of his nursing education, Will is also a member of the Corsairs Football team. He aspires to use his education to launch himself into the medical field, where he wants to find his best fit for his talents. His hobbies include watching sports, playing video games, and helping other students struggling with material.
A Welcome From Your Program Manager &
Academy Director

“Where disaster shall strike, there I shall go. I ask not for who, but only what I can do!”

Clara Barton, Founder, American Red Cross

Dear First Year Nursing Student,

I would like to personally congratulate you on your acceptance into the College of Nursing and Health Sciences at UMass Dartmouth. This is an exciting time in your life. Generations before you have answered the call to save lives as a registered nurse. I am happy to announce you will be participating in our third annual Student Nurse Leadership Academy (SNLA) the weekend of Saturday, September 5, 2020. This is a student led initiative, where your student leaders and student support services team are here to inspire your growth and development as young professionals.

I can tell you the most important aspect in any helping profession, such as nursing is the ability to connect with others through communication, empathy, and compassion. This is your first step in a yearlong process in cultivating your abilities to be successful in your academic course work and clinical training. I hope you will come to appreciate this as a meaningful experience you will look back on with pride. Please feel to reach out with any questions you may have as we look forward to seeing you soon!

In Wellness,

Jason A. Campagnone, M.Ed.
Program Manager, Student Support Services
ITEMS TO BE COMPLETED BEFORE ACADEMY WEEKEND

☐ Review welcome packet and all requirements to be completed
☐ Complete survey located on last page of this packet
☐ Order and read book, “Rise” by Daniel Rodriguez (This book is available on Amazon)
☐ Read UMD College of Nursing Clinical Handbook
  a. Appearance and grooming standards located on page 7 are to be met upon arrival on Saturday, September 5th & Sunday, September 6th, 2020. Student’s appearance will be evaluated for compliance at registration.
  b. The handbook will be sent in a different attachment
☐ Complete 500-word essay, MLA format, doubled spaced to be handed in at registration
  c. To complete the essay assignment, you must READ the book “Rise” by Daniel Rodriguez. Spark notes and other forms of “cutting corners” have been reviewed and your work will show whether you read the book!
  d. References from the book will be used during the SNLA and students are expected to arrive prepared and ready to participate in conversations.
  e. Essay prompt:
     i. The motto for this year’s academy “Fulfilling a Promise” inspired by Daniel Rodriguez book “Rise: A Soldier, A Dream, and A Promise Kept”. Daniel shares his experience enlisting in the U.S. Army after high school, being deployed overseas and later diagnosed with PTSD. While deployed with the U.S. Army in Iraq and Afghanistan, Daniel made a promise to his best friend who later died in combat that he would pursue his dream in playing college football. Citing examples from the book “Rise” and from your own personal experiences, what do you consider to be the measurement of a promise? Would you consider nursing as an example in fulfilling a promise? Why? How?
CADEMERY WEEKEND ARRIVAL CHECKLIST
(ALL FRESHMEN NURSING STUDENTS)
☐ Arrive in athletic clothing with sneakers at the main auditorium starting at designated group time
☐ Check in with your student leader with photo ID
☐ Check for compliance in meeting grooming standards located on page 7 in clinical handbook
☐ Bring School planner
☐ Submit completed copy of survey
☐ Pocket sized notebook
☐ Bring a writing utensil
☐ Submit 500-word essay in MLA format, doubled spaced
☐ Receive welcome kit that contains a t-shirt, name badge, sealed envelope with wingman’s name, and blue pocket folder with training materials
☐ Complete clinical handbook quiz after registration

CADEMY WEEKEND SCHEDULED- PLEASE ARRIVE ACCORDING TO THE GROUP YOU ARE ASSIGNED TO!

Day 1

Date: 9/5/2020

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<th>Workshop</th>
<th>08:00-09:00</th>
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<th>11:05-12:00</th>
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## Day 2

**Date:** 9/6/2020

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**PLEASE KEEP IN MIND:**

☐ This is a mandatory event for all incoming freshmen nursing students. Excuses for your absence will not be accepted unless due to an unforeseen event. Having to work, sports practice, etc. is not an unforeseen event. Please plan accordingly!

☐ In response to COVID 19 it may be necessary to alter the plans for the academy weekend to maintain the safety of all participants. All alterations will be communicated to all students in a timely manner prior to the academy. We thank you for your patience!

☐ For questions or concerns please contact:

Jay Campagnone, Program Manager at: jcampagnone@umassd.edu

Kenney Maxfield, Senior Student Leader at: kmaxfield@umassd.edu

Sean Reall, Student Support Services Intern at: sreall@umassd.edu

☐ Students should eat before and after their scheduled sessions. Please be sure to get plenty of rest and hydration before attending your academy session. Students will be expected to participate with academy leaders and their peers. Food will NOT be allowed in the auditorium. Students are encouraged to bring water with them.
Student Nurse Leadership Academy
2020-2021
Survey

Age: ______
Gender: ______

Which race or ethnicity do you most identify with?
☐ White        ☐ Black or African American         ☐ American Indian        ☐ Hispanic/Latino
☐ Asian        ☐ Other

Which of the following describes your admittance?
☐ Direct admittance from high school
☐ Transfer within the university from another college
☐ Transfer from another college/university

Which of the following programs, if any, were you enrolled in?
☐ College Now
☐ Upward Bound
☐ Connect

Please answer the following questions using the key below
1 = Never    2 = Sometimes    3 = Usually    4 = Always

I am satisfied with my current reading ability
☐ 1 ☐ 2 ☐ 3 ☐ 4
I use a planner to record upcoming academic and personal activities
☐ 1 ☐ 2 ☐ 3 ☐ 4
I feel confident that I am prepared for an exam
☐ 1 ☐ 2 ☐ 3 ☐ 4
I get a good night’s rest before an exam
☐ 1 ☐ 2 ☐ 3 ☐ 4
I participate in meaningful class discussions
☐ 1 ☐ 2 ☐ 3 ☐ 4
I take constructive criticism well
☐ 1 ☐ 2 ☐ 3 ☐ 4
I have a system for relieving stress before it builds up
☐ 1 ☐ 2 ☐ 3 ☐ 4
In previous classes I crammed for exams and papers
☐ 1 ☐ 2 ☐ 3 ☐ 4
Mine or my family’s life is impacted by mental illness
☐ 1 ☐ 2 ☐ 3 ☐ 4
I feel comfortable discussing issues related to mental illness
☐ 1 ☐ 2 ☐ 3 ☐ 4