

Welcome to the University of Massachusetts Dartmouth!

Health Services would like to remind you to bring a medical kit with the following items when you move to campus:

- Digital Thermometer
- Ibuprofen (Advil or Motrin)
- Acetaminophen (Tylenol)
- Antihistamine for allergies such as loratadine (Claritin) or diphenhydramine (Benadryl)
- Decongestant such as pseudoephedrine (Sudafed) or phenylephrine (Sudafed PE)
- A mucous thinner for sinuses and coughs such as guaifenesin (Mucinex)
- Cough medicine
- Cough drops/throat lozenges
- Medicine for diarrhea such as loperimide (Imodium) or bismuth subsalicylate (Pepto-Bismol)
- Medicine for an upset stomach - antacids such as Tums, Mylanta, Maalox
- Liquid antibacterial soap
- Hand sanitizer such as Purell
- Band-aids - various sizes
- Triple antibiotic ointment
- Hot/cold pack
- Ace wrap (elastic wrap) for sprains and strains
- Cotton balls
- Q tips

It is also important for you to bring any prescription medication with you. We highly recommend that you purchase a lock box to secure any prescription medication.

Local pharmacies close to campus are:

- Target: 508-979-7531 (within walking distance)
- Walgreens: 508-992-0634 (within walking distance)
- Wal Mart: 508-984-7776 (within walking distance)
- Stop and Shop: 508-999-7300
- CVS: 508-999-3241