

## UMass Dartmouth Quick Guide to COVID-19 Protocols

# FOR FACULTY & STAFF

### If you have COVID symptoms (e.g., fever, runny nose, sore throat, headache, cough):

- Immediately isolate and then inform your Department Chair/Supervisor.
- If your job can be performed remotely and you feel well enough to work, work remotely until you get tested.
- If your job cannot be performed remotely or you feel too ill to work, contact Human Resources about any COVID-related benefits you may be entitled to or use your accrued sick time.
- Get tested for COVID-19 as soon as possible.

### If you are told you were exposed to someone with COVID-19 and have no symptoms:

- If you are fully vaccinated and boosted **or** received 2 doses of Pfizer or Moderna within the last 5 months **or** received a J&J dose within the last 2 months **or** tested positive for COVID-19 in the last 90 days:
  - You do not need to quarantine.
  - You must wear a well fitted, medical grade mask around others for 10 days.
  - Get tested on day 5—testing earlier won't be accurate.
- If you are unvaccinated or received 2 doses of Pfizer **or** Moderna more the 5 months ago **or** received a J&J dose more than 2 months ago but haven't had a booster shot:
  - Quarantine at home for 5 days. After that, continue to wear a well fitted, medical-grade mask around others for 5 more days.
  - Inform your supervisor. Work remotely if your job permits. If your job cannot be performed remotely, contact Human Resources about any COVID-related benefits you may be entitled to or use your accrued sick time.
  - Get tested on day 5—testing earlier won't be accurate.
- If you develop symptoms, whether you are vaccinated or unvaccinated, you should immediately isolate and get tested.

### If you test positive for COVID-19:

- Immediately isolate at home for 5 days.
- Contact Human Resources, and your supervisor/department chair.
- If your job can be performed remotely and you feel able to work, work remotely.
- If your job cannot be performed remotely or you feel too ill to work, contact Human Resources about any COVID-related benefits you may be entitled to or use your accrued sick time.
- You may return to work after 5 days if you have no symptoms or your symptoms are resolving after 5 days.
- If you have a fever—continue to stay home and isolate until your fever resolves for 24 hours without using fever reducing medication.
- After isolation ends, wear a well fitted, medical-grade mask around others for 5 days.
- Contact your healthcare provider if you continue to have symptoms.

### If a student tells you they tested positive:

- Tell them to immediately isolate.
- Tell them to message Health Services through the Health Services Patient Portal.
- Don't cancel or postpone classes or shift to a different modality of teaching. Faculty must have approval from their Department Chair and Dean to shift the modality of their course.
- Don't announce the student's positive case to others.
- Allow Health Services to handle the contact tracing process notification related to positive tests.