UMass Dartmouth Quick Guide to COVID-19 Protocols

FOR FACULTY & STAFF

If you have COVID symptoms (e.g., fever, runny nose, sore throat, headache, cough):
• Immediately isolate and then inform your Department Chair/Supervisor.
• If your job can be performed remotely and you feel well enough to work, work remotely until you get tested.
• If your job cannot be performed remotely or you feel too ill to work, contact Human Resources about any COVID-related benefits you may be entitled to or use your accrued sick time.
• Get tested for COVID-19 as soon as possible.

If you are told you were exposed to someone with COVID-19 and have no symptoms:
• If you are fully vaccinated and boosted or received 2 doses of Pfizer or Moderna within the last 5 months or received a J&J dose within the last 2 months or tested positive for COVID-19 in the last 90 days:
  • You do not need to quarantine.
  • You must wear a well fitted, medical grade mask around others for 10 days.
  • Get tested on day 5—testing earlier won’t be accurate.
• If you are unvaccinated or received 2 doses of Pfizer or Moderna more the 5 months ago or received a J&J dose more than 2 months ago but haven’t had a booster shot:
  • Quarantine at home for 5 days. After that, continue to wear a well fitted, medical-grade mask around others for 5 more days.
  • Inform your supervisor. Work remotely if your job permits. If your job cannot be performed remotely, contact Human Resources about any COVID-related benefits you may be entitled to or use your accrued sick time.
  • Get tested on day 5—testing earlier won’t be accurate.
• If you develop symptoms, whether you are vaccinated or unvaccinated, you should immediately isolate and get tested.

If you test positive for COVID-19:
• Immediately isolate at home for 5 days.
• Contact Human Resources, and your supervisor/department chair.
• If your job can be performed remotely and you feel able to work, work remotely.
• If your job cannot be performed remotely or you feel too ill to work, contact Human Resources about any COVID-related benefits you may be entitled to or use your accrued sick time.
• You may return to work after 5 days if you have no symptoms or your symptoms are resolving after 5 days.
• If you have a fever—continue to stay home and isolate until your fever resolves for 24 hours without using fever reducing medication.
• After isolation ends, wear a well fitted, medical-grade mask around others for 5 days.
• Contact your healthcare provider if you continue to have symptoms.

If a student tells you they tested positive:
• Tell them to immediately isolate.
• Tell them to message Health Services through the Health Services Patient Portal.
• Don’t cancel or postpone classes or shift to a different modality of teaching. Faculty must have approval from their Department Chair and Dean to shift the modality of their course.
• Don’t announce the student’s positive case to others.
• Allow Health Services to handle the contact tracing process notification related to positive tests.