

Valerie Seney, MA, PhD, LMHC, PMHNP-BC
Curriculum Vitae

HIGHER EDUCATION

Regis College, Weston, MA
2019-2021
Psychiatric Mental Health Nurse Practitioner
Date Conferred May 2021

Endicott College, Beverly, MA
2016-2020
PhD Nursing
Date Conferred May 2020

Walden University, Minneapolis, MN
2012- 2014
MS Nursing (Honor Society) – Specialty in Education
Date Conferred 2014

University of Massachusetts Dartmouth, Dartmouth, MA
2005-2007
BS Nursing
Date Conferred 2007

University of Massachusetts Dartmouth, Dartmouth, MA
2001-2004
MA Clinical & Behavioral Psychology (Honor’s Society)
Date Conferred 2004

Bridgewater State College, Bridgewater, MA
1994- 2000
BA Psychology (Dean’s List)
Date Conferred 2000

PROFESSIONAL LICENSURE

Registered Nurse (RN)	#RN45742	RI	12/ 2007
	#RN 2262635	MA	9/2009
Licensed Mental Health Clinician (LMHC)	#6293	MA	5/2007
	#MHC00841	RI	2/2017
Psychiatric Mental Health Nurse Practitioner	– #2262635	MA	9/2021
			RI License is still pending

PROFESSIONAL CERTIFICATIONS

2021 ANCC – Psychiatric Mental Health Nurse Practitioner Certification exp 6/2026

ACADEMIC EMPLOYMENT HISTORY

2014 - Present University of Massachusetts Dartmouth Dartmouth, MA
College of Nursing

Assistant Professor and Clinical Coordinator

Summary of Responsibilities:

- Proficient in developing lesson plans, creating and administering online exams and quizzes,
- Developed the Accelerated Bachelor’s in Nursing Psychiatric Mental health course and experimental learning course to be run for the first time in Summer 2017
- Participated in undergraduate and graduate psychology students in thesis development and completion.
- Develop innovated teaching strategies using simulation for mental health nursing
- Implemented the hearing voices simulation for the mental health course
- Active member of the Curriculum Committee, pinning committee, scholarship day committee, and active search committees.
- Vice President of our Sigma chapter
- ATI Champion
- Classes taught: Mental Health Nursing; Community clinical; Intro to professional nursing; Health assessment; Professional Leadership in Nursing; Master’s level bridge course for admittance into the Master’s program.
- New Classes taught AY 20-21: Freshman Nursing University studies course and Senior leadership in Nursing course.
- Effective teaching evaluations:

Semester	NUR 340 (didactic)	NUR 341 (clinical)	NUR 331 (clinical)	NUR 408 (didactic)	NUR 255 ABSN	NUR 101	NUR 106/102
Summer 21	Absn 4.98/5	Absn 5/5	n/a	n/a	n/a	n/a	n/a
Spring 2021	4.59/5.0	n/a	n/a	4.61/5.0	n/a	n/a	4.77/5.0
Fall 2020	4.80/5.0	4.97/5.0	n/a	n/a	n/a	4.90/5.0	n/a
Spring 2020	4.39/5.0	4.7/5.0	n/a	n/a	n/a	n/a	n/a
Fall 2019	4.92/5.0	5.0/5.0	n/a	n/a	n/a	n/a	n/a
Spring 2019	4.90/5.0	n/a	4.81/5.0	n/a	n/a	n/a	n/a
Fall 2018	5.0/5.0	n/a	n/a	n/a	4.6/5.0	n/a	5.0/5.0
Spring 2018	4.86/5.0	n/a	4.92/5.0	n/a	n/a	n/a	n/a
Fall 2017	4.88/5.0	n/a	n/a	n/a	n/a	n/a	4.76/5.0
Fall 2016	4.80/5.0	n/a	n/a	n/a	n/a	n/a	n/a
Spring 2016	4.71/5.0	4.44/5.0	n/a	n/a	n/a	n/a	n/a

Fall 2015	4.80/5.0	4.67/5.0	n/a	n/a	n/a	n/a	n/a
Spring 2015	4.53/5.0	4.89/5.0	n/a	n/a	n/a	n/a	n/a
Fall 2014	4.92/5.0	5.0/5.0	n/a	n/a	n/a	n/a	n/a

CLINICAL EMPLOYMENT HISTORY

2007-present Lifespan Corporation, Providence, RI
 2017-Present Bradley Hospital, E. Providence, RI
 Clinical Hospital Supervisor/nurse educator
 2015- 2017 Newport Hospital, Newport, RI
 Director of Nursing- Behavioral Health Unit/PHP
 2011- 2015 Bradley Hospital, E. Providence, RI
 Clinical Manager- Center for Autism & Developmental
 Disabilities Unit
 2007-2011 Bradley Hospital, E. Providence, RI
 Registered Nurse- Children’s Unit (ages 4-12)

Summary of Responsibilities:

- Demonstrated success in program development and implementation for Charge RN leadership, Nursing Skills Day, Trauma Informed Care, Rapid Response program , & RN/Milieu staff orientation program
- Initiated Clinical Education series and CEUs for RNs
- Received Grant for research project on correlation between sound and aggressive behavior.
- Presented trainings and seminars to RNs and Milieu Staff based on evidence based practice.
- Developed new programming for the Center for Autism and Developmental Disability inpatient unit collaboratively with a multidisciplinary team
- Developed program for yearly staff development on medical competencies for psychiatric nurses
- Member of the infection control team
- Co-chaired of the interdisciplinary food and nutrition group

2007-2009 Greater New Bedford Senior Center New Bedford, MA
 Licensed Mental Health Counselor- Self Contract through the City to facilitate groups and provide individual therapy

2000-2008 Community Counseling of Bristol County Taunton, MA
 2004-2008 LMHC - Licensed Mental Health Counselor- Children and Adolescent Outpatient Therapy, Adult outpatient therapy, Supervisor and Manager of treatment program for DCF group home
 2000-2004 Community Support Program- Adult Intensive Case Manager Family Stabilization team- Bachelor’s Level Children’s Clinician

Summary of Responsibilities:

- Successfully managed program to provide treatment to group home run by DSS
- Demonstrated knowledge & fairness in supervising interns, as well as, clinicians
- Facilitated psychiatric group sessions with clients
- Provided intensive case management through MBHP to dual diagnosis clients
- Wrote concrete, measurable treatment plans for children and families
- Advocated for clients (adults and children) within diverse systems
- Provided crisis management and risk management interventions for adults with dual diagnosis
- Proficient in gathering resources to assist children and their families

SCHOLARSHIP & PROFESSIONAL ACTIVITIES

A. Peer Reviewed Grants.

2020 Lifespan Research – Award \$2,000

Implementing the Chair Restraint in a Pediatric Psychiatric Unit: Staff Experience and Statistical Trends

2013 Lifespan Risk Management Nursing Grant – awarded \$4,700

Reduce restraint use by understanding the correlation between sound and aggression at high risk times, such as shift change. This was one of the 1st grants ever awarded through Lifespan for the nursing department.

B. Peer Reviewed Publications

Seney, V., Insana, J., Alberto, A., & Hay, J. (2020). Development of Opioid Education Training for Pediatric Psychiatric Mental Health Nurses. *Journal of Child and Adolescent Psychiatric Nursing.*

Hay, J., **Seney, V.,** Nappe, H., Alberto, A, & Lundsten, K. (2018). Rapid Response Team: Development and Implementation in a Pediatric Psychiatric Hospital. *American Nurse Today*

C. Conference Podium Presentations

Oct 2021 Virtual Podium presentation – APNA, Louisville, KY

Code Blue Emergency Response: Medical Assessment and Skills Training for Psychiatric Nurses

Seney, V., Insana, J., & Nappe, N.

Sept 2020 Virtual presentation -APNA, Orlando, FL

Auditory Hallucination Simulation: Measuring empathy and exploring experiences of hearing voices with prelicensure nursing students.

Seney, V., Viveiros, J., Clark, J., Boyden, G. & Staples, H

- March 2020 Virtual Paper presentation for ENRS Boston, MA
Acute Care Nurse Competence in Care of Psychiatric Mental Health Patients
Seney, V, Insana, J; Misto, K; & O’Neale, B
- October 2019 APNA National Conference New Orleans, LA
Measuring Acute Care Nurses Competence When Providing care to Psychiatric Mental Health Patients
Seney, V; Insana, J; Misto, K; & O’Neale, B
- October 2018 APNA National conference Columbus, Ohio
Opiate education for mental health nurses in a pediatric psych hospital
Seney, V; Insana, J; & Alberto, A
- March 2017 Organization of Nurse Leaders, Mohegan Sun, Connecticut
Panel Speaker on Psychiatric Mental Health Nursing
- June 2015 Bradley Professional Development Day, E. Providence, RI
Bradley Hospital’s “WE CARE” Nursing Professional Practice Model
Seney, V. & Lundsten, K.
- May 2014 Bradley Conference, East Providence, RI
Innovations in Psychiatric Nursing
Seney, V., Hay, J., & Lundsten, K
- Dec 2013 Bradley Conference, East Providence, RI
Family Systems and Communication Strategies
Seney, V. & DiVincent, L.

D. Peer Reviewed Poster Presentations

- June 2021 Virtual St Anselm’s 28th Annual Conference for Nurse Educators, MA.
Auditory hallucination simulation: Exploring empathy in prelicensure nursing students.
Seney, V., Viveiros, J., Clark, J., Boyden, G. & Staples, H
- Sept 2020 Virtual - APNA National conference Orlando, FL
Opioid Simulation: Use of case study to increase clinical judgement in inpatient Psychiatric nurses.
Seney, V. & Nappe, N.
- October 2019 APNA National Conference New Orleans, LA
Using Simulation to Develop a Holistic Approach for Psychiatric Nurses
Valerie Seney & Nicole Nappe
- April 2016 ANCC Pathway to Excellence conference Philadelphia, PA

- Feb 2015 ANA Quality Conference Orlando, FL
 April 2015 NEAPNA Conference Portland, ME
 Nurse Competency Self-Efficacy: Increasing Nurse Confidence to enhance quality of care through the use of innovative technology
Valerie Seney & Nicole Nappe
- Oct. 2015 Nursing Management Congress Orlando, FL
 A quest for excellence: Bridging the gap from staff satisfaction to engagement
Valerie Seney & Lisa Mollo
- Oct. 2014 Nursing Management Congress Las Vegas, NV
 The impact of administrative reorganization, team building and professional development on staff satisfaction in an acute psychiatric setting
Valerie Seney & Lisa Mollo
- Feb 2014 ANA Quality Conference Phoenix, AZ
 March 2014 NEAPNA Conference Newport, RI
 Correlation between sound and aggression: Does reducing sound levels decrease restraint and seclusion?
Valerie Seney

E. Professional Consulting

- Fall 21-22 Sarah Manchester- Psych DNP 2nd Reader University of Massachusetts Dartmouth
 DNP Scholarly Project - CBT approaches to anxiety disorders
- Fall 19-21 Tessa Camboia - Undergraduate Nursing Honors Student University of Massachusetts Dartmouth
 Honors Thesis Title- Nursing Students Attitudes Regarding Substance Use Disorder Patient Care
- Stephanie Brogdon - Undergraduate Nursing Honors Student University of Massachusetts Dartmouth
 Honors Thesis Title- Knowledge Levels of School Nurses on Adverse Childhood Experiences
- Nicole Oliviera - Undergraduate Psychology Honors Student University of Massachusetts Dartmouth
 Honors Thesis Title-Does a psychology of nursing course change nursing Student's attitudes towards mentally ill patients?
- Fall 2018 Maxine Vincent – Undergraduate Nursing Honors Student University of Massachusetts Dartmouth
 Honors Thesis- Measuring Student Nurse Attitudes Before and After Taking the Mental Health Nursing Class

Spring-Fall 2018 Lauren Borg – Undergraduate Nursing Honors Student University of Massachusetts Dartmouth
Honors Thesis Title: "Generational Differences in Nursing Perceptions of Substance Use Disorder"

Summer 2016 Bethany Diedrich – Recreational Therapist
Multi-Modal TR in Behavioral Health Newport Hospital, Newport, RI
Study on the effects of increased healing arts therapy on a behavioral health unit
*This was a peer reviewed poster presentation at the National Recreational Therapy conference in September 2016.

Spring 2016 Nicole Chahwan – Undergraduate Nursing Honors Student University of Massachusetts Dartmouth
Honor Thesis on generalized anxiety disorder.
“More than Stress? Incidence of Generalized Anxiety Disorder (GAD) in Undergraduate Students: Using the GAD-7 Scale”

Other Professional Activities

April 2021 Sigma Spring Nursing Event
2021 Year of The Nurse: Excel-Lead-Innovate
Emcee and Educational Planner

April 2019 UMass Dartmouth Scholarship day
Why is nutrition important? Promoting positive choices
Hypertension in the Portuguese population: The importance of understanding your numbers.
UMass Dartmouth and University of the Azores Students & Faculty

April 2018 UMass Dartmouth Scholarship day
Perceiving, transition, adaptation, and quality of life of retirees from the Base of Lages downsizing: a situation diagnosis.
UMass Dartmouth and University of the Azores Students & Faculty

Professional Organizations

2012-Present ANA – American Nurses Association

2014- Present SIGMA THETA TAU

2017-Present APNA – American Psychological Nursing Association

2018- Present MARILN – MA RI League for Nursing

Professional Awards and Honors

June 2019 Michelle Amrock Volunteer of the Year award

October 2018 APNA Board of Directors Scholar award recipient

October 2016 Excellence in Leadership Certificate – Newport Hospital

2019, 2015, 2013, 2011, 2009 Nominated, Emma Pendleton Bradley Award for excellent service – Bradley Hospital

June 2015

Nominated for RISNA (Rhode Island State Nurses Association Nurse Educator of the year