

CURRICULUM VITAE

Name: Yan Su (ysu3@umassd.edu)
College: College of Nursing & Health Sciences
Title: Assistant Professor
Department: Adult Nursing

HIGHER EDUCATION

University of Washington, Seattle, Washington
June 2022
Ph.D. in Nursing Science with Statistics Concentration

Iowa State University, Ames, Iowa
August 2017
MS in Gerontology

Shandong University of TCM, Jinan, China
July 2013
Bachelor of Science in Nursing

EXPERIENCE

A. Teaching (with Institution, dates, rank, department)

Assistant professor
9/2023–
College of Nursing & Health Sciences, UMASS Dartmouth

Assistant professor
8/2022 – 5/2023
Mennonite College of Nursing, Illinois State University
Teach assigned courses; Maintain a record of scholarly publications in peer-reviewed journals; Perform related duties as assigned; Participate in College and University committees; Conduct research in the area of interest and pursue research funding

Teaching Assistant
12/2021 - 03/2022
School of Nursing, UW-Seattle
NSG 562 Management of Adults I
Work as a teaching assistant with primary duties of mentoring students in DNP projects.
Course evaluation: 5.0/5.0

Adjunct lecturer
03/2021- 07/2021
School of Nursing, Shandong Medical College
Co-Teach Gerontological Nursing
Co-Teach Nursing in English
Invited to give a lecture about Myocardial Infarction Nursing Management

Volunteer Teaching Assistant

01/2020 - 02/2020

School of Nursing, UW-Seattle

Work as a volunteer teaching assistant, circulating the classroom and answering student questions about data analysis

B. Other (with institution, dates, rank, department)

Graduate Research Assistant

06/2019 - 09/2019

School of Nursing, UW-Seattle

Working on a K23 funded project to explore the retention of nutrition intervention in community-dwelling older adults supervised by Dr. Oleg Zaslavsky

Graduate Research Assistant

08/2015 - 05/2017

Department of Gerontology, Iowa State University

Assist in searching scholarly articles for a proposal to explore the role of couple's collaboration on prospective memory and the proposal of centenarians' cognitive successful aging.

Worked on a USDA funded project to explore college students' aging expectations and perceptions to older adults. Research on a project to look at older adults' health behaviors and health outcomes in senior centers.

Graduate Administrative Assistant

09/2016 - 05/2017

International Students & Scholars Office, Iowa State University

Counsel first-year and transfer international undergraduate students that are identified as at-risk students. Connect students with tutoring and other campus services as appropriate to facilitate their successful transition to the university.

Staff nurse

07/2013 - 10/2013

Jinan Central Hospital affiliated to Shandong University

As a staff nurse in gynecology department, responsible for preparing patients for exams and surgeries, providing patient education on gynecologic issues, listening to fetal tone, and administering chemotherapy medicines

Intern nurse

07/2012 - 05/2013

Tianjin Medical University General Hospital

Completed clinical rotations between different departments including medical neurology, cardiac surgery, emergency department, gynecology, pediatrics, ICU, and the retired officials ward

C. Listing of courses, with numbers and titles, taught at ISU and UMass Dartmouth ordered by semester/academic year (most recent first)

Course number	Course titles	Total credits	Credits for me	Semester
NUR 138-001	Statistical Analysis and Reasoning in Nursing (BSN)	3	1	2022 Fall

NUR 236-091	Research For Professional Nursing Practice: RN To BSN	3	1	2022 Fall
NUR 236-092	Research For Professional Nursing Practice: RN To BSN	3	1	2022 Fall
NUR 336-001	Research And Theory For Evidence-Based Practice (ABSN)	3	1	2022 Fall
NUR 336-002	Research And Theory For Evidence-Based Practice (BSN)	3	1	2022 Fall
NUR 502-001	Introduction to Research Design (PhD)	3	1	2022 Fall
NUR 138-001	Statistical Analysis and Reasoning in Nursing (BSN)	3	2	2023 Spring
NUR 336-001	Research And Theory For Evidence-Based Practice (BSN)	3	2	2023 Spring
NUR 336-002	Research And Theory For Evidence-Based Practice (BSN)	3	2	2023 Spring
NUR 506-001	Writing A Review of The Literature (PhD)	3	2	2023 Spring
NUR 515-001	Dissertation Proposal Design (PhD)	3	1	2023 Spring
NUR 101 02	Introduction to University Skills	1	1	2023 Fall
NUR 101 04	Introduction to University Skills	1	1	2023 Fall
NUR 211	Concepts of Lifespan and Development	3	3	2023 Fall

ACADEMIC AND PROFESSIONAL HONORS

AWARDS

Dissertation Award in Nursing Science, University of Washington	2021-2022
Hester Mclaws dissertation Scholarship, University of Washington	2021-2022
Nursing Scholarship Fund & Mitchell Memorial Fund, University of Washington	2019-2020
School of Nursing Travel Scholarship, University of Washington	2018-2019
de Tornyay Center Travel Scholarship, University of Washington	2018-2019
de tornyay healthy aging predoctoral scholar	2018-2019
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Print & Grace Powers Hudson Scholarship, Iowa State University	2016-2017
Travel Scholarship, Gerontology, Iowa State University	2016-2017
Keo Anderson Minert Scholarship, Iowa State University	2015-2016
Travel Scholarship, Gerontology, Iowa State University	2015-2016

PUBLICATIONS

1. Krebs, H., Crutcher, K., **Su, Y.**, Prasun, M. A. (2023). The Impact of COVID-19 on Patients in Cardiac Rehabilitation Phase II. *Heart and Lung: Journal of Acute and Critical Care*. 63, 13-17
<https://authors.elsevier.com/c/1hmRjXf344oUv>

2. Wu KC, **Su Y**, Chu F, Chen AT, Zaslavsky O. (2022). Behavioral Change Factors and Retention in Web-based Interventions for Informal Caregivers of Persons Living with Dementia: Scoping Review. *Journal of Medical Internet Research*. doi:[10.2196/38595](https://doi.org/10.2196/38595)
3. **Su, Y.**, Cochrane, B. B., Reding K., Herting, J. R., Zaslavsky, O. (2022). Fatigue in community-dwelling older adults: A review of definitions, measurements, and associated factors. *Geriatric Nursing*. 266-279. doi: 10.1016/j.gerinurse.2021.12.010
4. **Su, Y.**, Cochrane, B. B., Reding K., Herting, J. R., Tinker L. F., Zaslavsky, O. (2022). Mediterranean Diet and Fatigue Relationship among Community-Dwelling Older Adults. *Journal of Nutrition in Gerontology and Geriatrics*. <https://doi.org/10.1080/21551197.2022.2025972>
5. Zaslavsky, O., **Su, Y.**, Kim, B., Roopsawang, I., Wu, K. C., & Renn, B. N. (2022). Behavior change factors and retention in dietary interventions for older adults: scoping review. *The Gerontologist*. 1-21. <https://doi.org/10.1093/geront/gnab133>
6. Zaslavsky, O., **Su, Y.**, Rillamas-Sun, E., Roopsawang, I., LaCroix, A (2020). The Accelerometer-Measured Physical Activity and Fatigue in Older Women. *Journal of Aging & Physical Activity*. 28(5), 692-698. <http://doi.org/10.1123/japa.2019-0308>
7. **Su, Y.**, Zhai, S., Kim, B., Miyawaki, C.E., Primomo, J., & Belza, B. (2019). “It may be a bit uncertain but it’s never boring”: Thematic analysis of a blog about engaging with aging. *Journal of Gerontological Nursing*. 45(12), 21-27. <https://doi.org/10.3928/00989134-20191105-03>
8. Obhi, H. K., Margrett, J. A., **Su, Y.**, Francis, S. L., Lee, Y. A., Crawford, D. A., & Franke, W. D. (2019). Gerontological education: Course and experiential differences across academic colleges. *Gerontology & Geriatrics Education*. 40(4), 449-467. doi:10.1080/02701960.2017.1373348
9. Meins, A.R., Blakeney, E., **Su, Y**, Barrington, W. E., Belza, B. *Green exercise for older adults: Scoping review, implementation, and perceived restorativeness*. Chapter 2 – Green Exercise Studies Including Older Adults: A Scoping Review. [Doctoral dissertation, University of Washington]. <http://hdl.handle.net/1773/45749>
10. **Su, Y.** (2017). Impact of intergenerational programs on older adults' psychological well-being: A meta-analysis (MS Thesis, Iowa State University). <https://lib.dr.iastate.edu/etd/16224>

UNPUBLISHED WORK (Note: works in each category below should be separated into further categories with proper headings: for example, peer review journal articles; book chapters; book; etc.)

a. Works accepted for publication

b. Works submitted for publication

- **Su Y.**, Zaslavsky O, Wu KC, Naik A, Pilot RCT to Examine a Mobile Healthy Eating Intervention for Persons with Frailty. *JMIR Formative Research* (**decision: revise and resubmit**)
- Beatty J.L., **Su Y.**, Prasun M. A. Effect of Music on Postoperative Agitation, Pain, and Opioid Use. *Journal of PeriAnesthesia Nursing* (**under review**)

c. Works submitted for presentation

- Zaslavsky O, Wu KC, Naik A, **Su Y.** (2023, November). Pilot RCT to Examine a Mobile Healthy Eating Intervention for Persons with Frailty. Accepted as a conference paper for Gerontological Society of American 2023 Annual Scientific Meeting, Tampa, FL.
- Elizalde, A., Hammer, D., **Su, Y.**, Prasun, M. A. The effect of hands-on training on improving high school health emergency response: a school nurse-led evidence-based education program. Illinois Association of School Nurses (IASN) conference in October 20th, 2023.

d. Work in progress

- **Su, Y.**, Zaslavsky, O., et al. Mediterranean diet and physical function in older women: A longitudinal study.
- Zaslavsky, O.,**Su, Y.**, et al., Digital biomarkers to detect outcomes in patients with dementia.

GRANTS RECEIVED (Note: the information here should include granting agency; title of grant; amount awarded; grant period dates. Also, please indicate clearly if you are the principal investigator or co-principal investigator.)

- **Su., Y.**, Calderon., S., Prasun, MA., Zaslavsky, O., Kocheril, A.G. A pilot study on the impact of the Olitor Mediterranean diet App on symptom burden and oral microbiota among people with Atrial Fibrillation (Illinois State University Start-Up, \$6,378.40)
- Hester McLaws Dissertation Scholarship, University of Washington (\$3500, funded, 2020-2021)
- Council for the Advancement of Nursing Science (CANS) dissertation grants, Western Institute of Nursing (WIN) (\$5000, *Not funded*, 2019)
- Thesis Grant, College of Human Sciences, Iowa State University (\$500, funded, 2016-2017)

Note: faculty may choose to include grants submitted and not funded in this area depending on the grant, the review response, and if the grant connects to the faculty member's research agenda.

CONFERENCE PRESENTATIONS (this section includes poster presentations, which are significant in certain fields like Science and Engineering)

❖ *Peer-Reviewed Presentations*

1. Zaslavsky O, Wu KC, Naik A, **Su Y.** (2023, November). Pilot RCT to Examine a Mobile Healthy Eating Intervention for Persons with Frailty. Accepted as a conference paper for Gerontological Society of American 2023 Annual Scientific Meeting, Tampa, FL.
2. Crutcher, K., Krebs, H., **Su, Y.**, Prasun, M. A. The Impact of COVID-19 on Patients in Cardiac Rehabilitation Phase II. Poster presented at the American Heart Association (AHA) 2022 Annual Scientific Meeting, Chicago, IL. *Circulation* 146 (Suppl_1), A12722-A12722
3. **Su, Y.**, Wu., K.C., Prasun, M. A., Zaslavsky, O. The Role of Mediterranean Diet in the Primary and Secondary Prevention of Atrial Fibrillation: A Scoping Review. Poster presented at the American Geriatrics Society (AGS) 2022 Annual Scientific Meeting, Indianapolis, IN. *Innovation in Aging* 6 (Suppl 1), 852 doi: [10.1093/geroni/igac059.3051](https://doi.org/10.1093/geroni/igac059.3051)

4. Wu., K.C., **Su, Y.**, Zaslavsky, O. Scoping review of behavioral change theories, agents, and techniques in informal caregivers for patients with dementia. Poster presented at the American Geriatrics Society (AGS) 2022 Annual Scientific Meeting, Orlando, FL.
5. **Su, Y.**, Zaslavsky, O., Wi, D. (2020, April). Pain and Sleep Disturbance Relationship Among Older Women. Poster will be presented at the 53rd Annual Western Institute of Nursing Research Conference, Portland, Oregon. *Canceled due to COVID 19.*
6. **Su, Y.**, Kim, B., Roopsawang, I., Zaslavsky, O. (2020, April). Nutrition Behavior Change Techniques in Community Older Adults: A Scoping Review. Poster will be presented at the 53rd Annual Western Institute of Nursing Research Conference, Portland, Oregon. *Canceled due to COVID 19.*
7. Souza, A. M., Kim, B., Miyawaki, C., Belza, B., Lee, M. K., Vogel, M., ... & **Su, Y.** (2019). Outcomes measurement in early-stage memory loss interventions: A scoping review. *Innovation in Aging*, 3(Supplement_1), S596-S596. Paper presented at the annual meeting of the Gerontological Society of America, Austin, Texas. <https://doi.org/10.1093/geroni/igz038.2214>
8. **Su, Y.**, Zaslavsky, O. (2019, April). The Accelerometer-Measured Physical Activity and Fatigue in Older Women. Podium presented at the 52nd Annual Western Institute of Nursing Research Conference, San Diego, California.
9. **Su, Y.**, Belza, B., Zaslavsky, O. (2019, April). Fatigue in Community-Dwelling Older Adults: An Evolutionary Concept Analysis. Poster presented at the 52nd Annual Western Institute of Nursing Research and Information Exchange (R&IE), San Diego, California.
10. Obhi H., Margrett, Jennifer A., **Su, Y.**, Francis, Sarah L., & Beck, E. (2017, August). *Determinants of Nutritional Wellness among Rural Older Adults*. Poster presented at the annual meeting of the American Psychological Association Annual Convention, Washington, D.C.
11. **Su, Y.**, Obhi H., Beck, E., & Margrett, J. A. (2017, July). Health Behaviors and Health Outcomes: Comparison Among Three Older Age Cohorts. Poster accepted for the 21st International Association of Gerontology and Geriatrics, San Francisco, California. <https://doi.org/10.1093/geroni/igx004.1888>
12. Obhi H., Margrett, J. A & **Su, Y.** (2017, July). The Value of Experience in Increasing Undergraduates' Career Interest in Working with Older Adults. Poster accepted for the 21st International Association of Gerontology and Geriatrics, San Francisco, California. [doi:10.1093/geroni/igx004.528](https://doi.org/10.1093/geroni/igx004.528)
13. **Su, Y.**, Beck, E., & Margrett, J. (2016, November). *Differential Experiences of Health Care Barriers among Rural Older Adults*. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA. <https://doi.org/10.1093/geront/gnw162.1624>
14. **Su, Y.**, Beck, E., & Margrett, J. (2016, November). *Exploration of Factors to Help Older Adults Exercise More*. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA. <https://doi.org/10.1093/geront/gnw162.2234>
15. Obhi H., **Su, Y.**, Margrett, J., Francis, S., L., Lee, Y., A., & Franke, W., & Crawford, D. (2016, November). *The Role of Academic Discipline in Undergraduates' Attitudes Toward Older Adults*.

Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA. <https://doi.org/10.1093/geront/gnw162.569>

16. Meinertz, N. R., Su, Y., Francis, S. L., Margrett, J. A., Hoerr, K., Peterson, M. J., Scott, A., Franke, W. D., & Shelley, M. (2016, November). *Changing High School and College Students' Views on Aging*. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA. <https://doi.org/10.1093/geront/gnw162.209>
17. Su, Y., Margrett, J., Christensen, R., Francis, S., L., Crawford, D., Lee, Y., A., & Franke, W. (2015, November). *Connecting College Students' Aging Attitudes, Expectations, and Experiences*. Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL. (Nominated as one of the 6 finalists for SRPP Best Poster Award in GSA). <https://doi.org/10.1093/geront/gnv553.01>
18. Low, J., Su, Y., Sample, G. J., Margrett, J., Ashida, S., & Shelley, M. (2015, November). *Disability and Resources in a Rural State: Impact on Aging in Place*. Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL.

❖ *Invited Community Presentations*

1. Invited to present for Ignite Aging 2019 on Friday, September 27 hosted by de Tornay Center, UW School of Nursing <https://nursing.uw.edu/research/programs/de-tornay-center/ignite-aging-2019/>
2. Invited to present elderly healthcare among a fellowship of older adults at Evangelical Chinese Church in Seattle in May 2018

OTHER PROFESSIONAL ACTIVITIES (include additional information relating to professional activities here) **UNIVERSITY SERVICE** (if selected as a category for review; remember, all faculty are evaluated in teaching effectiveness and advising and scholarship and professional activities; then, it is the faculty member's choice to be evaluated in University service OR Public service or both)

a. Service to the Department

Provided statistical help and was acknowledged in the following student's publication.

Drollinger, L., & Prasun, M. A. (2023). Bundled Approach to Improve Inpatient Stroke Recognition and Time to Treatment. *Journal of Neuroscience Nursing*, 55(1), 18-23. doi: 10.1097/JNN.0000000000000685

b. Service to the College

Attended the following meetings and engaged: (2022-2023)

Tenure track meeting

Collegial Scholarship Meeting

College research committee meeting

College Council Committee Meeting

New faculty CNE preparation

Curriculum Revision: Planning and Implementing

c. Service to the University

cohost the following activities

Virtual Research Symposium

Peer review (if selected as a category for review)

Manuscript for Geriatric Nursing, May 2023
 Abstracts for the Gerontological Society of America (GSA), 2023
 Manuscript for Geriatric Nursing, October 2022
 Manuscript for Geriatric Nursing, March 2022
 Manuscript for the Journal of Aging and Physical Activity, 2020
 Manuscript for the Journal of Gerontology: Medical Sciences, 2020
 Manuscript for the Journal of Gerontological Nursing, 2019
 Abstracts for the 21st World Congress of Gerontology and Geriatrics (IAGG), 2017
 Abstracts for the 69th Gerontological Society of America (GSA), 2016

MEMBERSHIP IN PROFESSIONAL SOCIETIES (last five years only)

2018-2022	Western Institute of Nursing
2022-present	Gerontological Society of America
2022-present	American Heart Association

CERTIFICATE

RN in MA State, ID: RN2378428

DEVELOPMENTAL ACTIVITIES ATTENDED

Workshop, "Recording Videos with PowerPoint," ISU MCN, Normal, IL. (July 7, 2022).
 Workshop, "Adobe Portfolio," CTLT, Normal, IL. (June 28, 2022).
 Workshop "ReggieNet Getting Started" CTLT, Normal, IL. (July 7, 2022).

Jan Su 9/7/2023